



**ESC**

European Society  
of Cardiology

European Heart Journal (2017) **38**, 2739–2786  
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**ESC/EACTS GUIDELINES**

## **2017 ESC/EACTS Guidelines for the management of valvular heart disease**

**The Task Force for the Management of Valvular Heart Disease of  
the European Society of Cardiology (ESC) and the European  
Association for Cardio-Thoracic Surgery (EACTS)**

### **Pour les cardiologues interventionnels**

**F Casassus**

*Clinique St Augustin, Bordeaux*

# On a tous quelque chose de ...



# Conflit d'intérêt

- **Aucun**

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# 2017 ESC/EACTS Guidelines for the management of valvular heart disease

The Task Force for the Management of Valvular Heart Disease of the European Society of Cardiology (ESC) and the European Association for Cardio-Thoracic Surgery (EACTS)

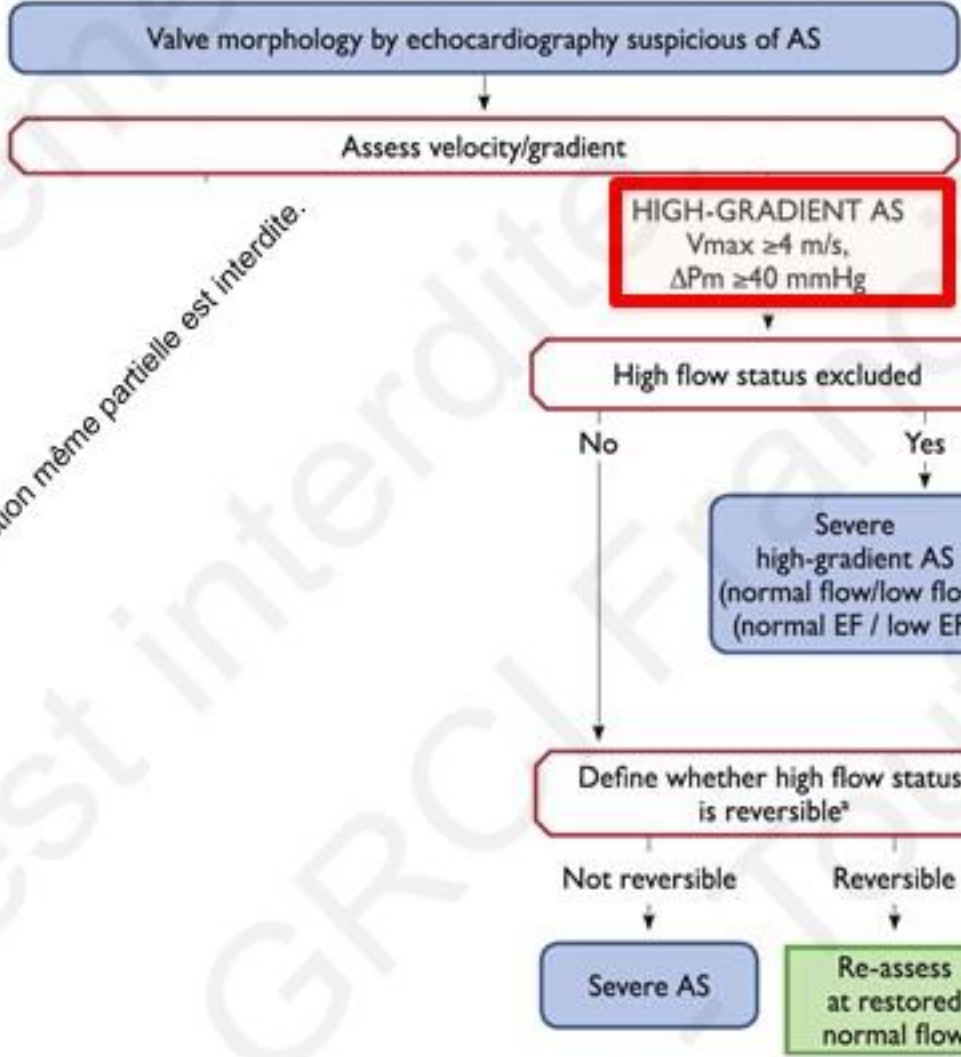
- Dernière Reco en 2012
- 53 pages concentrées
- Présentation simplifiée
- Version smartphone

# Heart team à l'honneur

Requirements
Multidisciplinary teams with competencies in valve replacement, aortic root surgery, mitral, tricuspid and aortic valve repair, as well as transcatheter aortic and mitral valve techniques including reoperations and reinterventions. The Heart Teams must meet on a regular basis and work with standard operating procedures.
Imaging, including 3D and stress echocardiographic techniques, perioperative TOE, cardiac CT, MRI, and positron emission tomography-CT.
Regular consultation with community, other hospitals, and extracardiac departments, and between non-invasive cardiologists and surgeons and interventional cardiologists.
Back-up services including other cardiologists, cardiac surgeons, intensive care and other medical specialties.
Data review: <ul style="list-style-type: none"> <li>• Robust internal audit processes including mortality and complications, repair rates, durability of repair and reoperation rate with a minimum of 1-year follow-up.</li> <li>• Results available for review internally and externally.</li> <li>• Participation in national or European quality databases.</li> </ul>

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<b>Changes in recommendations</b>	
<b>2012</b>	<b>2017</b>
<b>Indications for intervention in symptomatic aortic stenosis</b>	
<b>IIb C</b> Intervention may be considered in symptomatic patients with low-flow, low-gradient aortic stenosis and reduced ejection fraction without flow (contractile) reserve.	<b>IIa C</b> Intervention should be considered in symptomatic patients with low-flow, low-gradient aortic stenosis and reduced ejection fraction without flow (contractile) reserve, particularly when <u>CT calcium scoring</u> confirms severe aortic stenosis.

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# Evaluateur

# Heart-Team

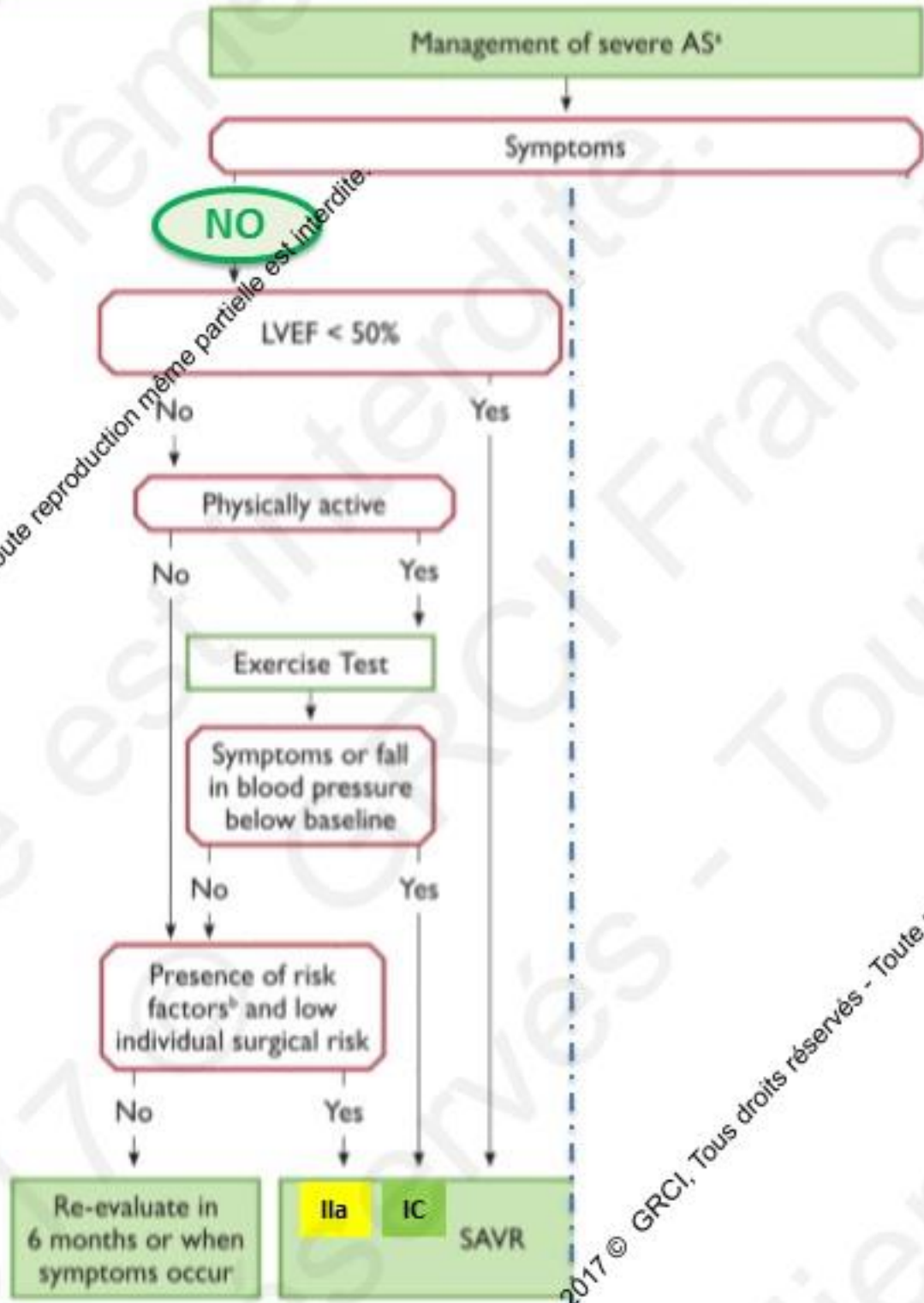
	Favours TAVI	Favours SAVR
<b>Anatomical and technical aspects</b>		
Favourable access for transfemoral TAVI	+	

	Favours TAVI	Favours SAVR
<b>Cardiac conditions in addition to aortic stenosis that require consideration for concomitant intervention</b>		
Severe CAD requiring revascularization by CABG		+
Severe primary mitral valve disease, which could be treated surgically		+
Severe tricuspid valve disease		+
Aneurysm of the ascending aorta		+
Septal hypertrophy requiring myectomy		+
unfavourable for TAVI		
Presence of thrombi in aorta or LV		+

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Management of severe AS<sup>a</sup>

Symptoms

**YES**

Absence of comorbidity or general condition that make benefit unlikely

No

Yes

Medical therapy

Low risk and no other characteristics that favour TAVI<sup>a</sup>

Yes

No

Careful individual evaluation of technical suitability and risk-benefit ratio of intervention modes by the Heart Team<sup>a</sup>

Re-evaluate in 6 months or when symptoms occur

**Ila** **IC** SAVR

SAVR or TAVI

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### Changes in recommendations

2012

2017

#### Choice of intervention in symptomatic aortic stenosis

**Recommendations for the use of TAVI**  
(Tables on "Contra-indications for TAVI" and Table on "Recommendations for the use of TAVI").

**Replaced by recommendations for the choice of intervention.**

See Section b in Table "Indications for intervention in aortic stenosis and recommendations for the choice of intervention" (Section 5.2), and Table "Aspects to be considered by the heart team for the decision between SAVR and TAVI in patients at increased surgical risk".

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**b) Choice of intervention in symptomatic aortic stenosis**

Aortic valve interventions should only be performed in centres with both departments of cardiology and cardiac surgery on-site, and with structured collaboration between the two, including a Heart Team (heart valve centres).



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Recommendations	Class	Level
<u>The choice for intervention</u> must be based on careful individual evaluation of technical suitability and weighing of risks and benefits of each modality (aspects to be considered are listed in the according table). In addition, the local expertise and outcomes data for the given intervention must be taken into account.	I	C
<u>SAVR</u> is recommended in patients at <u>low surgical risk</u> (STS or EuroSCORE II <4% or logistic EuroSCORE I <10% and no other risk factors not included in these scores, such as frailty, porcelain aorta, sequelae of chest radiation).	I	B
TAVI is recommended in patients who are not suitable for SAVR as assessed by the Heart Team.	I	B

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Recommendations	Class	Level
In patients who are at <u>increased surgical risk</u> (STS or EuroSCORE II $\geq 4\%$ or logistic EuroSCORE I $\geq 10\%$ or other risk factors not included in these scores such as frailty, porcelain aorta, sequelae of chest radiation), <u>the decision between SAVR and TAVI</u> should be made by the Heart Team according to the individual patient characteristics (see according table), with <u>TAVI being favoured</u> in elderly patients suitable for <u>transfemoral</u> access.		B
Balloon aortic valvotomy may be considered as a bridge to SAVR or TAVI in haemodynamically unstable patients or in patients with symptomatic severe aortic stenosis who require urgent major non-cardiac surgery.	IIb	C

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Management of severe chronic primary mitral regurgitation

Symptoms

LVEF  $\leq 60\%$  or LVESD  $\geq 45$  mm

LVEF  $> 30\%$

New onset of AF or SPAP  $> 50$  mmHg

Refractory to medical therapy

High likelihood of durable repair, low surgical risk, and presence of risk factors<sup>a</sup>

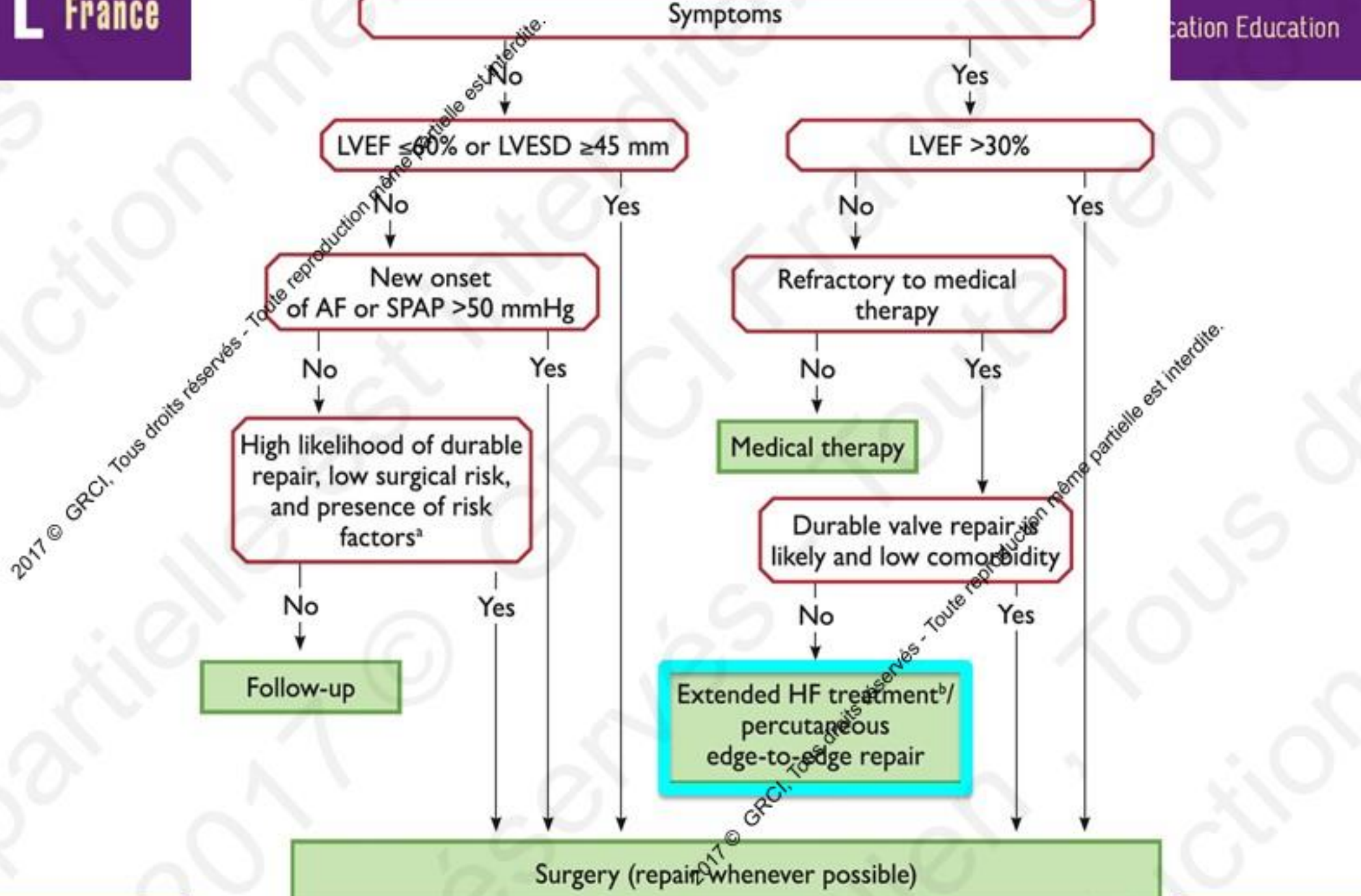
Medical therapy

Durable valve repair is likely and low comorbidity

Follow-up

Extended HF treatment<sup>b/</sup> percutaneous edge-to-edge repair

Surgery (repair whenever possible)



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## Indications for intervention in severe primary mitral regurgitation (continued)



Recommendations	Class	Level
Mitral valve replacement may be considered in symptomatic patients with severe LV dysfunction (LVEF <30% and/or LVESD >55 mm) refractory to medical therapy when likelihood of successful repair is low and comorbidity low.	<b>IIb</b>	<b>C</b>
<u>Percutaneous edge-to-edge</u> procedure may be considered in patients with symptomatic severe primary mitral regurgitation who fulfil the echocardiographic criteria of eligibility and are judged inoperable or at high surgical risk by the Heart Team, avoiding futility.	<b>IIb</b>	<b>C</b>

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**Changes in recommendations**

**2012**

**2017**

**Indications for mitral valve intervention in secondary mitral regurgitation (*continued*)**

**IIb C (modified) (*continued*)**

When revascularization is not indicated and surgical risk is not low, a percutaneous edge-to-edge procedure may be considered in patients with severe secondary mitral regurgitation and LVEF >30%, who remain symptomatic despite optimal medical management (including CRT if indicated) and who have a suitable valve morphology by echocardiography, avoiding futility.

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Changes in recommendations	
2012	2017
<b>Indications for mitral valve intervention in secondary mitral regurgitation (continued)</b>	
	<p><b>IIb C (modified) (continued)</b></p> <p>In patients with severe secondary mitral regurgitation and LVEF &lt;30% who remain symptomatic despite optimal medical management (including CRT if indicated) and who have no option for revascularization, the Heart Team may consider percutaneous <u>edge-to-edge</u> procedure or valve surgery after careful evaluation for ventricular assist device or heart transplant according to individual patient characteristics.</p>

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# Insuffisance aortique

- Pas de grande modification
- Qd possible: annuloplastie valvulaire aortique
- Pas de place pour TAVI

Recommendations	Class	Level
<b>3. Aortic root or tubular ascending aorta aneurysm (irrespective of the severity of aortic regurgitation) (continued)</b>		
<p>Surgery should be considered in patients who have aortic root disease with maximal ascending aortic diameter:</p> <ul style="list-style-type: none"> <li>• <math>\geq 45</math> mm in the presence of Marfan syndrome and additional risk factors<sup>a</sup>, or patients with a <i>TGFBR1</i> or <i>TGFBR2</i> mutation (including Loey-Dietz syndrome)<sup>b</sup>.</li> <li>• <math>\geq 50</math> mm in the presence of a bicuspid valve with additional risk factors<sup>a</sup> or coarctation.</li> <li>• <math>\geq 55</math> mm for all other patients.</li> </ul>	IIa	C
<p>When surgery is primarily indicated for the aortic valve, replacement of the aortic root or tubular ascending aorta should be considered when <math>\geq 45</math> mm, particularly in the presence of a bicuspid valve.</p>	IIa	C

# Rétrécissement Mitral



## Contra-indications

Mitral valve area >1.5 cm<sup>2</sup> \*

High-risk

Left atrial thrombus

More than mild mitral regurgitation

Severe or bi-commissural calcification

Absence of commissural fusion

N

Severe concomitant aortic valve disease, or severe combined tricuspid stenosis and regurgitation requiring surgery

Fo

Concomitant CAD requiring bypass surgery

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# Dysfonction prothèse

## 2017 New recommendations (continued)

### Management of prosthetic valve dysfunction

#### New recommendations:

#### I C

Anticoagulation using a VKA and/or UFH is recommended in bioprosthetic valve thrombosis before considering reintervention.

#### I C

Reoperation is recommended if paravalvular leak is related to endocarditis or causes haemolysis requiring repeated blood transfusions or leading to severe symptoms.

#### IIb C

Transcatheter closure may be considered for paravalvular leaks with clinically significant regurgitation in surgical high-risk patients (Heart Team decision).

#### IIa C

Transcatheter valve-in-valve implantation in aortic position should be considered by the Heart Team depending on the risk of reoperation and the type and size of prosthesis.

### 2017 New recommendations

#### Ila B

- In patients treated with coronary stent implantation, triple therapy with aspirin (75-100 mg/day), clopidogrel (75 mg/day), and VKA should be considered for 1 month, irrespective of the type of stent used and the clinical presentation (i.e. ACS or stable CAD).
- Triple therapy comprising aspirin (75-100 mg/day), clopidogrel (75 mg/day), and VKA for longer than 1 month and up to 6 months should be considered in patients with high ischaemic risk due to ACS or other anatomical/procedural characteristics that outweigh the bleeding risk.

#### Ila A

- Dual therapy comprising VKA and clopidogrel (75 mg/day) should be considered as an alternative to 1-month triple antithrombotic therapy in patients in whom the bleeding risk outweighs the ischaemic risk.

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### 2017 New recommendations

#### Ila B

- In patients who have undergone PCI, discontinuation of antiplatelet treatment should be considered at 12 months.
- In patients requiring aspirin and/or clopidogrel in addition to VKA, the dose intensity of VKA should be carefully regulated with a target INR in the lower part of the recommended target range and a time in therapeutic range >65–70%.

#### Ila C

- Dual antiplatelet therapy should be considered for the first 3–6 months after TAVI, followed by lifelong single antiplatelet therapy in patients who do not need oral anticoagulation for other reasons.

#### Ilb C

- Single antiplatelet therapy may be considered after TAVI in the case of high bleeding risk.

#### III B

- The use of NOACs is contraindicated in mechanical valves

✓ AOD possible dans FA + valvulopathie (sauf RM et valve méca): Ila

# Take Home messages





## Pour le cardiologue interventionnel Pas de grands changements sur

- Insuffisance mitrale I<sup>aire</sup> ou II<sup>aire</sup>: mitraclip
- Rétrécissement mitral: Valvuloplastie mitrale
- Tricuspide / Insuffisance aortique: TTT chirurgical

# Importance du Heart Team

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# RAo Asymptomatique

## C) Asymptomatic patients with severe aortic stenosis (refers only to patients eligible for surgical valve replacement)

SAVR is indicated in asymptomatic patients with severe aortic stenosis and systolic LV dysfunction (LVEF <50%) not due to another cause.

SAVR is indicated in asymptomatic patients with severe aortic stenosis and an abnormal exercise test showing symptoms on exercise clearly related to aortic stenosis.

SAVR should be considered in asymptomatic patients with severe aortic stenosis and an abnormal exercise test showing a decrease in blood pressure below baseline.

SAVR should be considered in asymptomatic patients with normal ejection fraction and none of the above-mentioned exercise test abnormalities if the surgical risk is low and one of the following findings is present:

- Very severe aortic stenosis defined by a  $V_{max} > 5.5$  m/s
- Severe valve calcification and a rate of  $V_{max}$  progression  $\geq 0.3$  m/s/year
- Markedly elevated BNP levels (>threefold age- and sex-corrected normal range) confirmed by repeated measurements without other explanations
- Severe pulmonary hypertension (systolic pulmonary artery pressure at rest  $> 60$  mmHg confirmed by invasive measurement) without other explanation.

I C

I C

IIa C

IIa C

Recommendations	Class	Level
<b>a) Symptomatic aortic stenosis</b>		
Intervention is indicated in symptomatic patients with severe, high-gradient aortic stenosis (mean gradient $\geq 40$ mmHg or peak velocity $\geq 4.0$ m/s).	I	B
Intervention is indicated in symptomatic patients with severe low-flow, low-gradient ( $< 40$ mmHg) aortic stenosis with reduced ejection fraction, and evidence of flow (contractile) reserve excluding pseudo-severe aortic stenosis.	I	C
Intervention should be considered in symptomatic patients with low flow, low-gradient ( $< 40$ mmHg) aortic stenosis with normal ejection fraction after careful confirmation of severe aortic stenosis.	IIa	C

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Recommendations	Class	Level
Intervention should be considered in symptomatic patients with low-flow, low-gradient aortic stenosis and reduced ejection fraction without flow (contractile) reserve, particularly when CT calcium scoring confirms severe aortic stenosis.	IIa	C
Intervention should not be performed in patients with severe comorbidities when the intervention is unlikely to improve quality of life or survival.	III	C
<b>b) Choice of intervention in symptomatic aortic stenosis</b>		
Aortic valve interventions should only be performed in centres with both departments of cardiology and cardiac surgery on-site, and with structured collaboration between the two, including a Heart Team (heart valve centres).	I	C

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# Insuffisance Mitrale

## Changes in recommendations

2012

2017

### Indications for intervention in asymptomatic severe primary mitral regurgitation

#### IIb C

Surgery may be considered in asymptomatic patients with preserved LV function, high likelihood of durable repair, low surgical risk, and:

- Left atrial dilatation (volume index  $\geq 60$  mL/m<sup>2</sup> BSA) and sinus rhythm.

Pulmonary hypertension on exercise (SPAP  $\geq 60$  mmHg at exercise).

#### IIa C (modified!)

Surgery should be considered in asymptomatic patients with preserved LVEF (>60%) and LVESD 40–44 mm when a durable repair is likely, surgical risk is low, the repair is performed in heart valve centres, and the following finding is present: presence of significant LA dilatation (volume index  $\geq 60$  mL/m<sup>2</sup> BSA) in sinus rhythm.

**Taken out**





## Indications for intervention in severe primary mitral regurgitation



Recommendations	Class	Level
Mitral valve repair should be the preferred technique when the results are expected to be durable.	I	C
Surgery is indicated in symptomatic patients with LVEF >30%.	I	B
Surgery is indicated in asymptomatic patients with LV dysfunction (LVESD $\geq$ 45 mm* and/or LVEF $\leq$ 60%).	I	B
Surgery should be considered in asymptomatic patients with preserved LV function (LVESD <45 mm and LVEF >60%) and atrial fibrillation secondary to mitral regurgitation or pulmonary hypertension (systolic pulmonary pressure at rest >50 mmHg**).	IIa	B

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## Indications for intervention in severe primary mitral regurgitation (continued)



Recommendations	Class	Level
<p>Surgery should be considered in asymptomatic patients with preserved LVEF (&gt;60%) and LVESD 40–44 mm* when a durable repair is likely, surgical risk is low, the repair is performed in heart valve centres, and at least one of the following findings is present:</p> <ul style="list-style-type: none"> <li>- flail leaflet or,</li> <li>- presence of significant LA dilatation (volume index <math>\geq 60</math> mL/m<sup>2</sup> BSA) in sinus rhythm.</li> </ul>	IIa	C
<p>Mitral valve repair should be considered in symptomatic patients with severe LV dysfunction (LVEF &lt;30% and/or LVESD &gt;55 mm) refractory to medical therapy when likelihood of successful repair is high and comorbidity low.</p>	IIa	C



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## Indications for mitral valve intervention in chronic secondary mitral regurgitation



Recommendations	Class	Level
Surgery is indicated in patients with severe secondary mitral regurgitation undergoing CABG and LVEF >30%.	I	B
Surgery should be considered in symptomatic patients with severe secondary mitral regurgitation, LVEF <30% but with an option for revascularization, and evidence of myocardial viability.	IIa	C
When revascularization is not indicated, surgery may be considered in patients with severe secondary mitral regurgitation and LVEF >30%, who remain symptomatic despite optimal medical management (including CRT if indicated) and have a low surgical risk.	IIb	C

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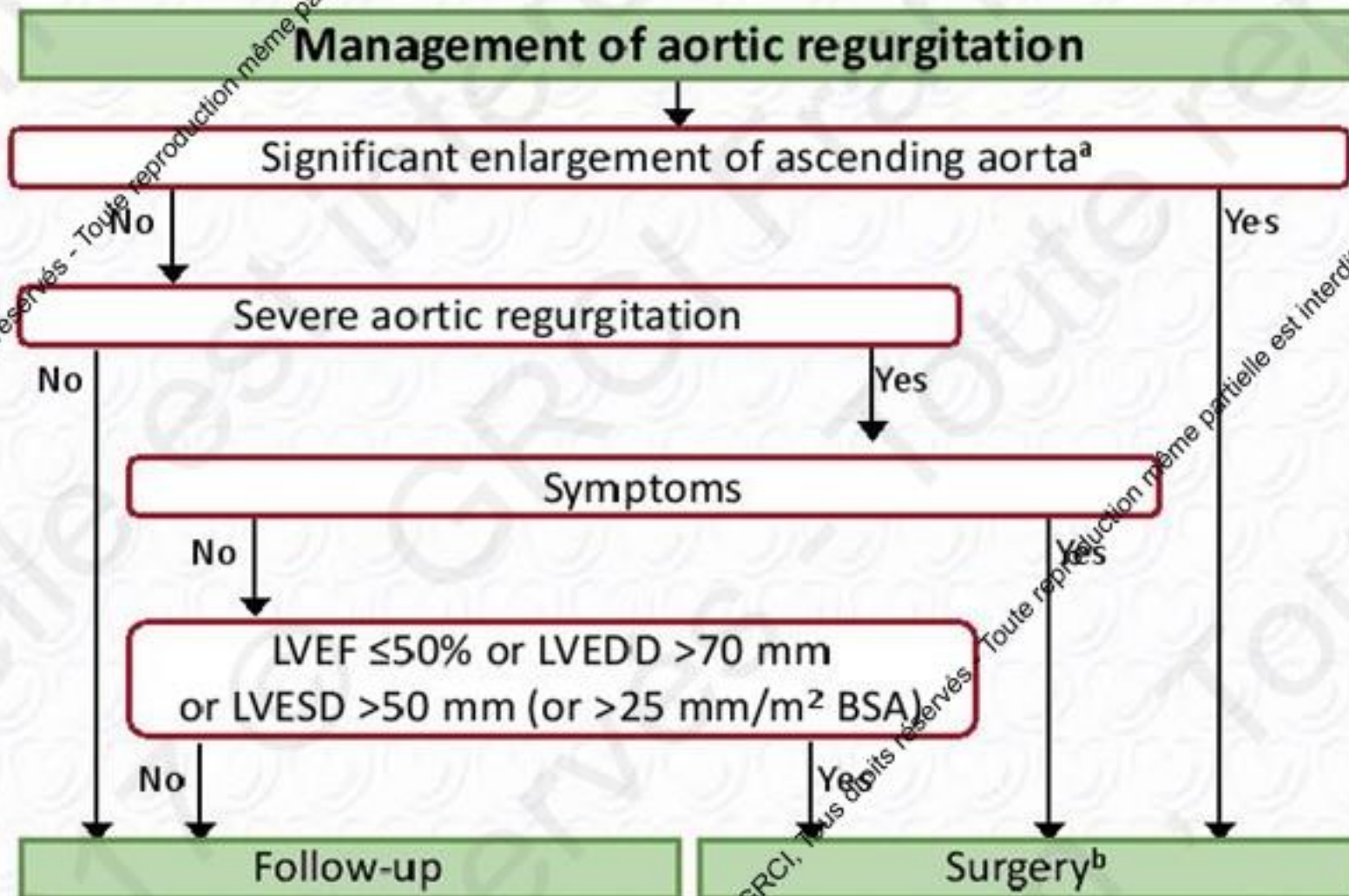
## Indications for mitral valve intervention in chronic secondary mitral regurgitation (continued)



Recommandations	Class	Level
When revascularization is not indicated and surgical risk is not low, a <u>percutaneous edge-to-edge</u> procedure may be considered in patients with severe secondary mitral regurgitation and LVEF >30% who remain symptomatic despite optimal medical management (including CRT if indicated) and who have a suitable valve morphology by echocardiography, avoiding futility.	IIb	C
In patients with severe secondary mitral regurgitation and LVEF <30% who remain symptomatic despite optimal medical management (including CRT if indicated) and who have no option for revascularization, the Heart Team may consider <u>percutaneous edge-to-edge procedure</u> or valve surgery after careful evaluation for ventricular assist device or heart transplant according to individual patient characteristics.	IIb	C

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## 2017 New recommendations

### Management of CAD in patients with VHD

#### New IIa C recommendations:

- CT angiography should be considered as an alternative to coronary angiography before valve surgery in patients with severe VHD and low probability of CAD, or in whom conventional coronary angiography is technically not feasible or associated with a high risk.
- PCI should be considered in patients with a primary indication to undergo TAVI and coronary artery diameter stenosis >70% in proximal segments.
- PCI should be considered in patients with a primary indication to undergo transcatheter mitral valve interventions and coronary artery diameter stenosis >70% in proximal segments.

### Management of atrial fibrillation in VHD

#### New additional recommendations:

See new Table "Management of atrial fibrillation in patients with VHD" Section 3.7.2.

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