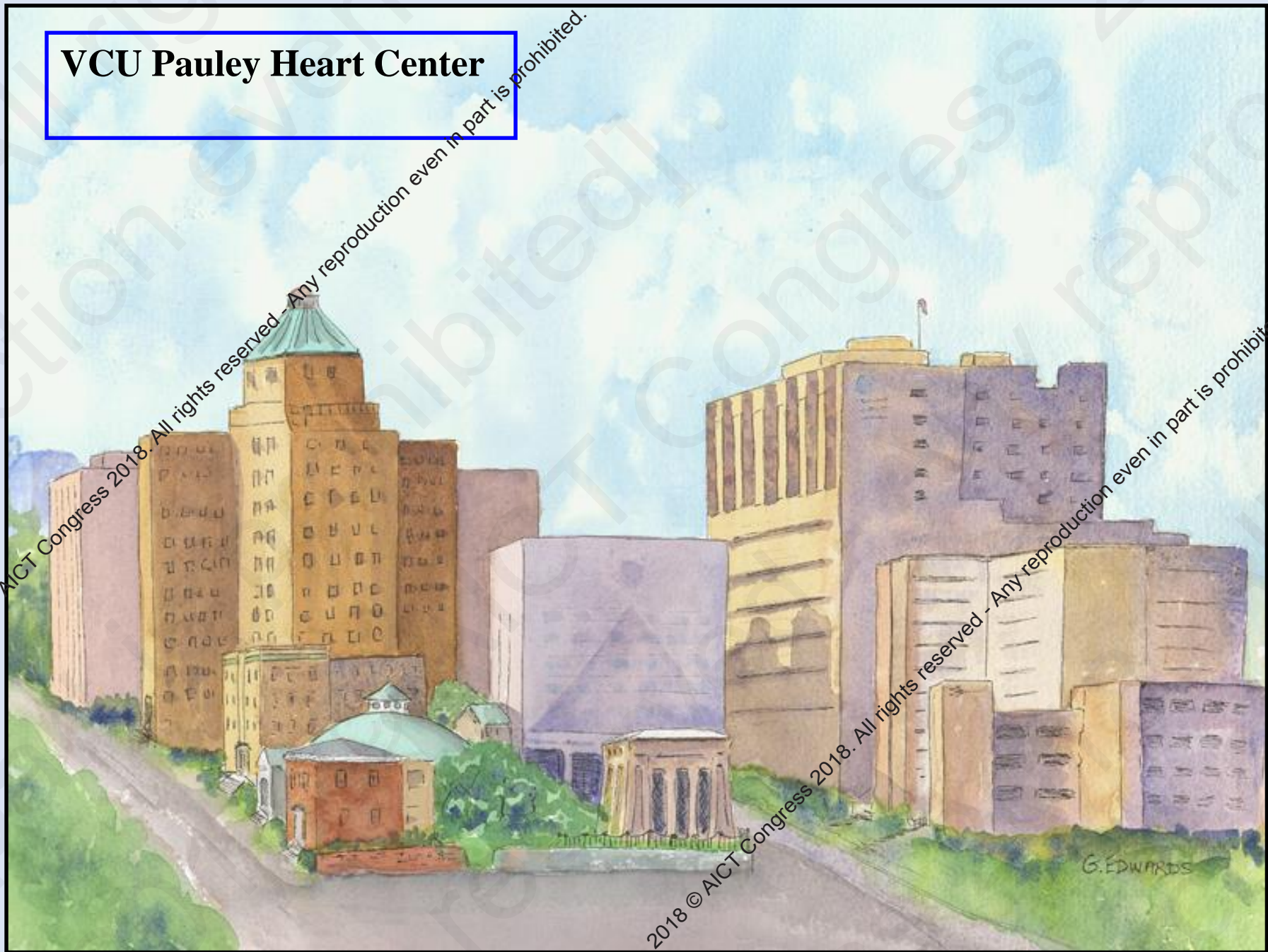


# VCU Pauley Heart Center



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# **Current Strategies in Management of Cardiogenic Shock**

**George W. Vetrovec, MD, MACC, MSCAI**

**Professor Emeritus**

**Virginia Commonwealth University**

**Richmond, Virginia**



# Conflicts of Interest

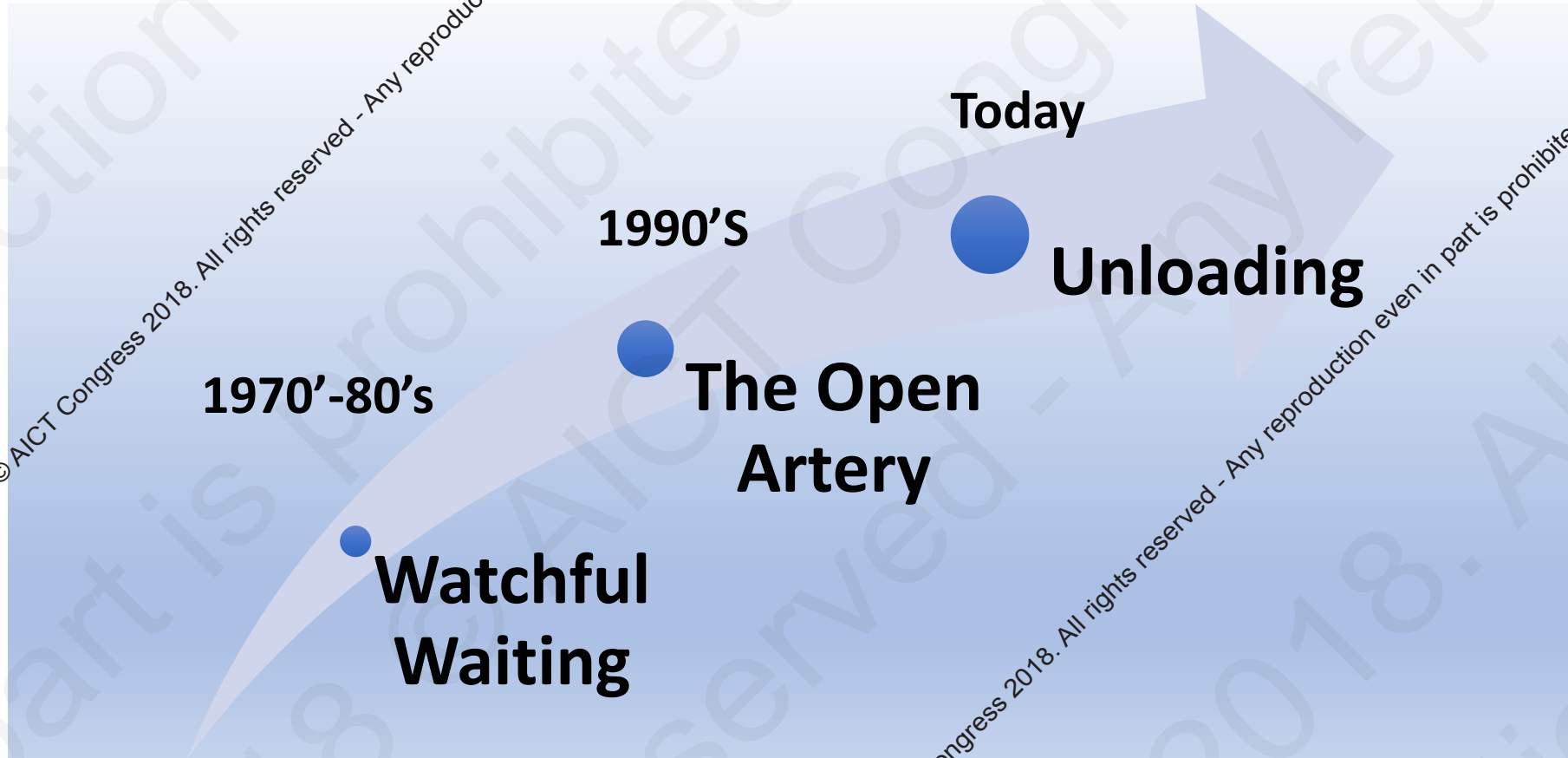
**Speaker's name: George W. Vetrovec, MD, MACC, MSCAI**

**Abiomed – Consultant**

**Merck – Consultant**

**FDA - Consultant**

# Management of Cardiogenic Shock

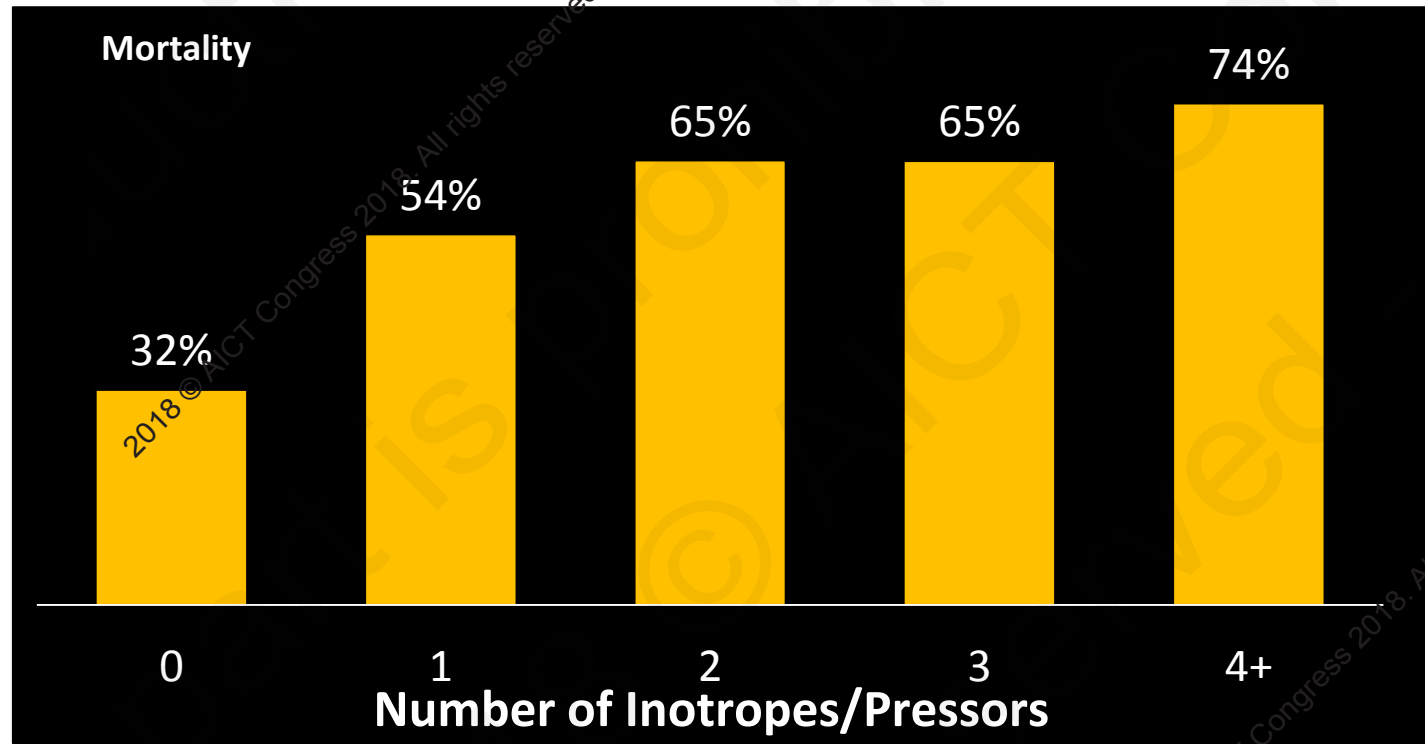


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# Increased Inotrope Exposure is associated with Mortality in AMI/CGS

Mortality and Number of Inotropes from cVAD Registry<sup>1</sup>  
P < 0.001 (N=287)



1. Basir M, Schreiber T, Grines C, et al. Am. J. of Cardiology, 2016

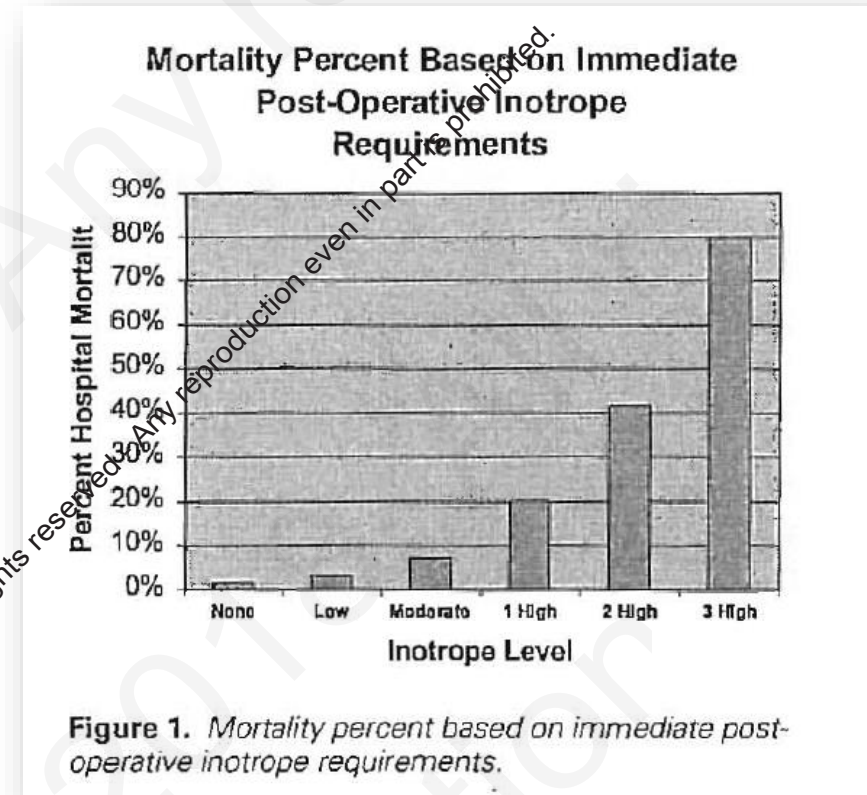
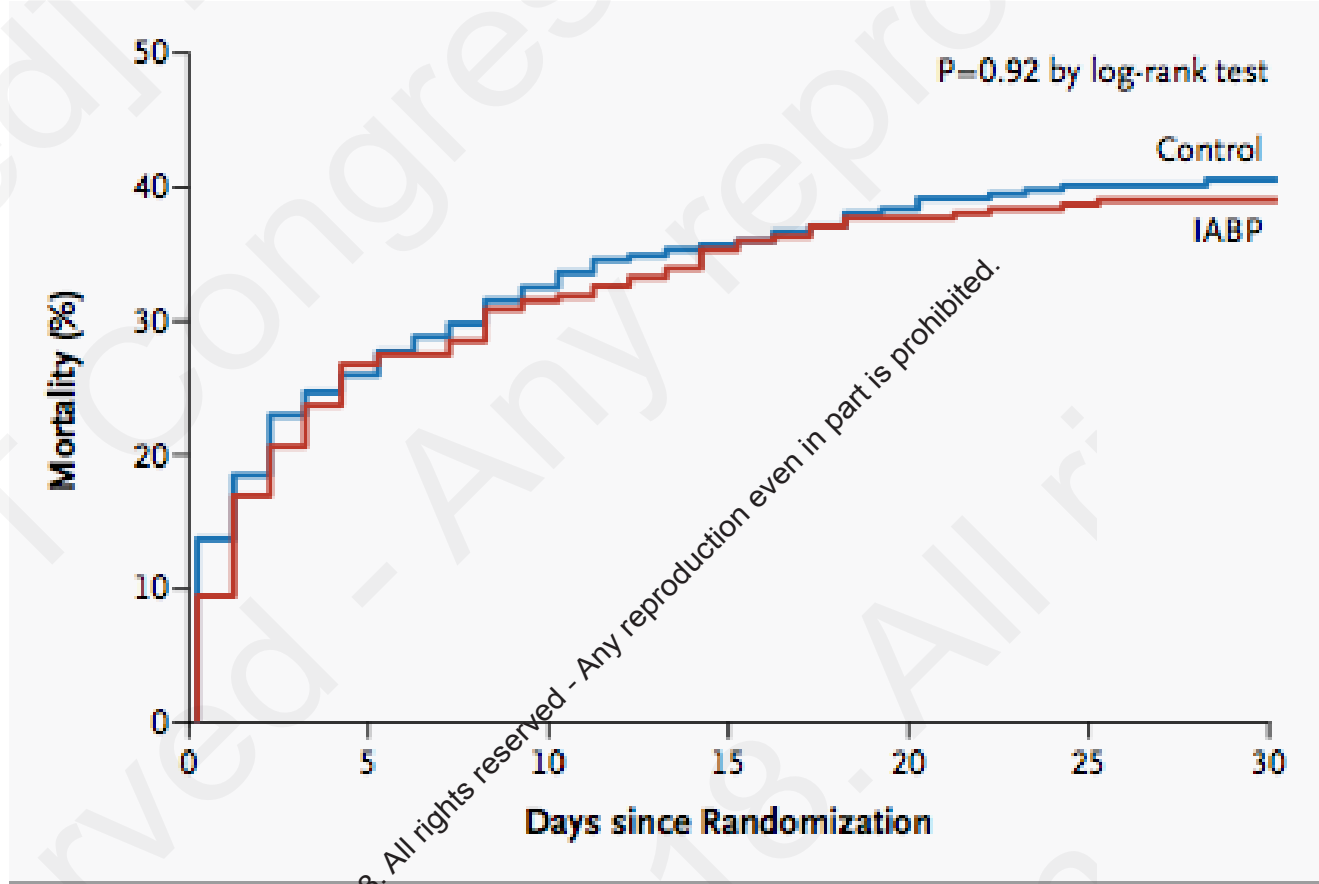
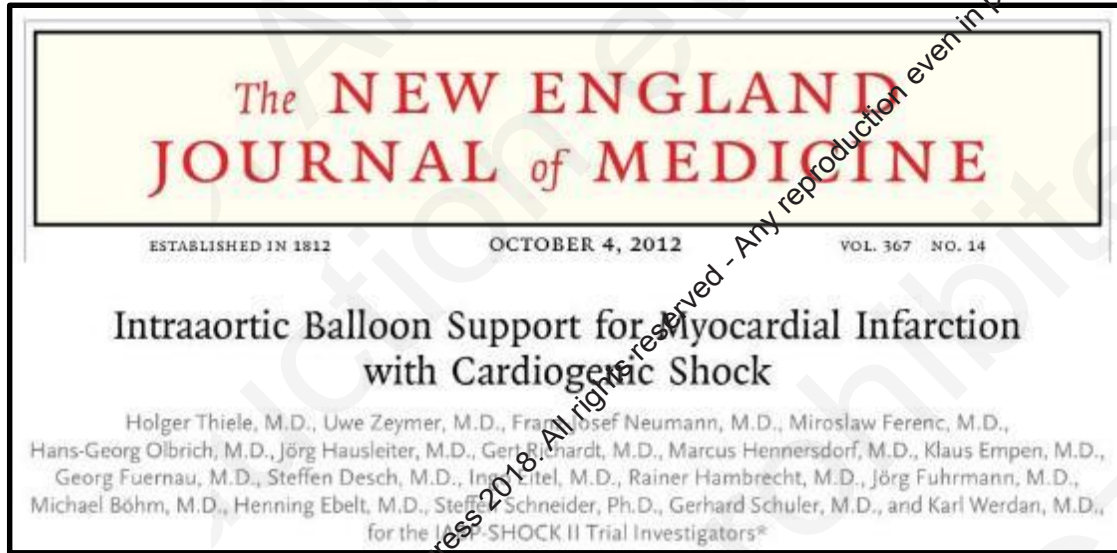


Figure 1. Mortality percent based on immediate post-operative inotrope requirements.

Samuels LE et al, J Card Surg. 1999



# IABP-SHOCK



**Figure 1. Time-to-Event Curves for the Primary End Point.** Time-to-event curves are shown through 30 days after randomization for the primary end point of all-cause mortality. Event rates represent Kaplan-Meier estimates.



# New Concept: Unloading

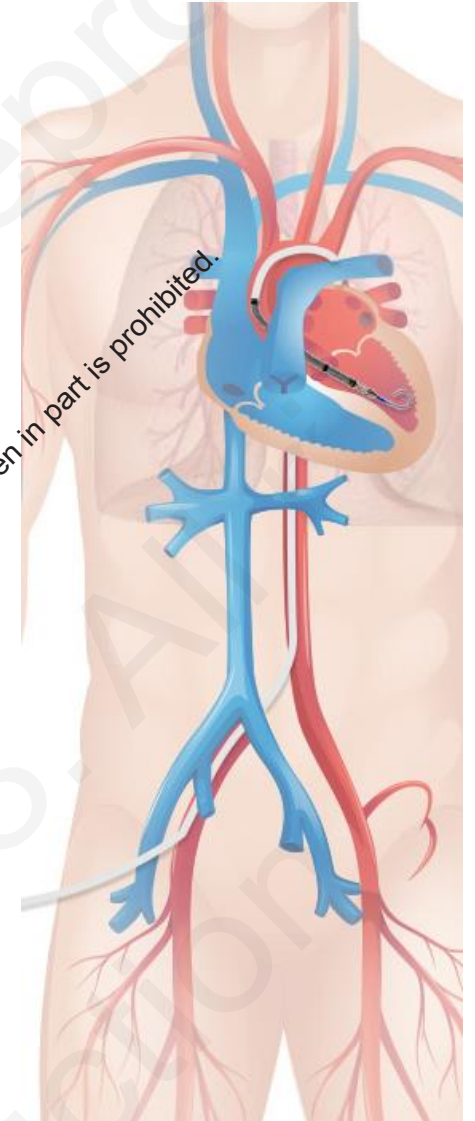
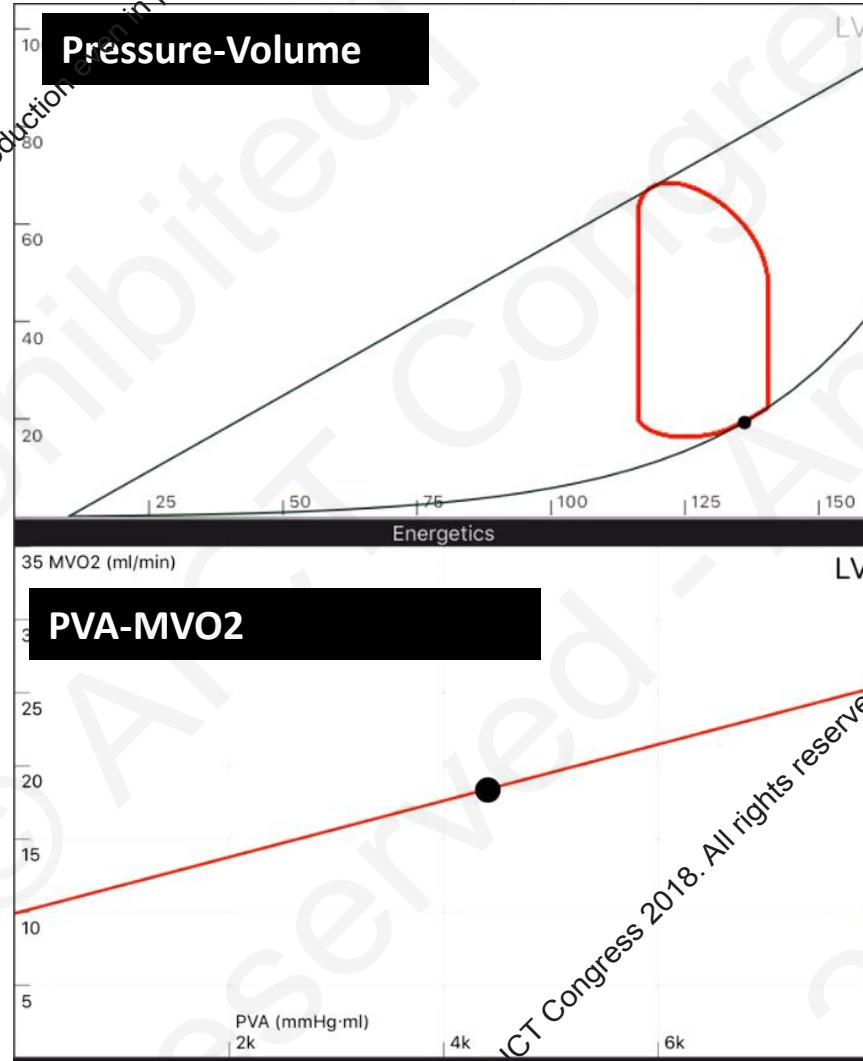
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# Impact of MCS on Hemodynamics and Energetics

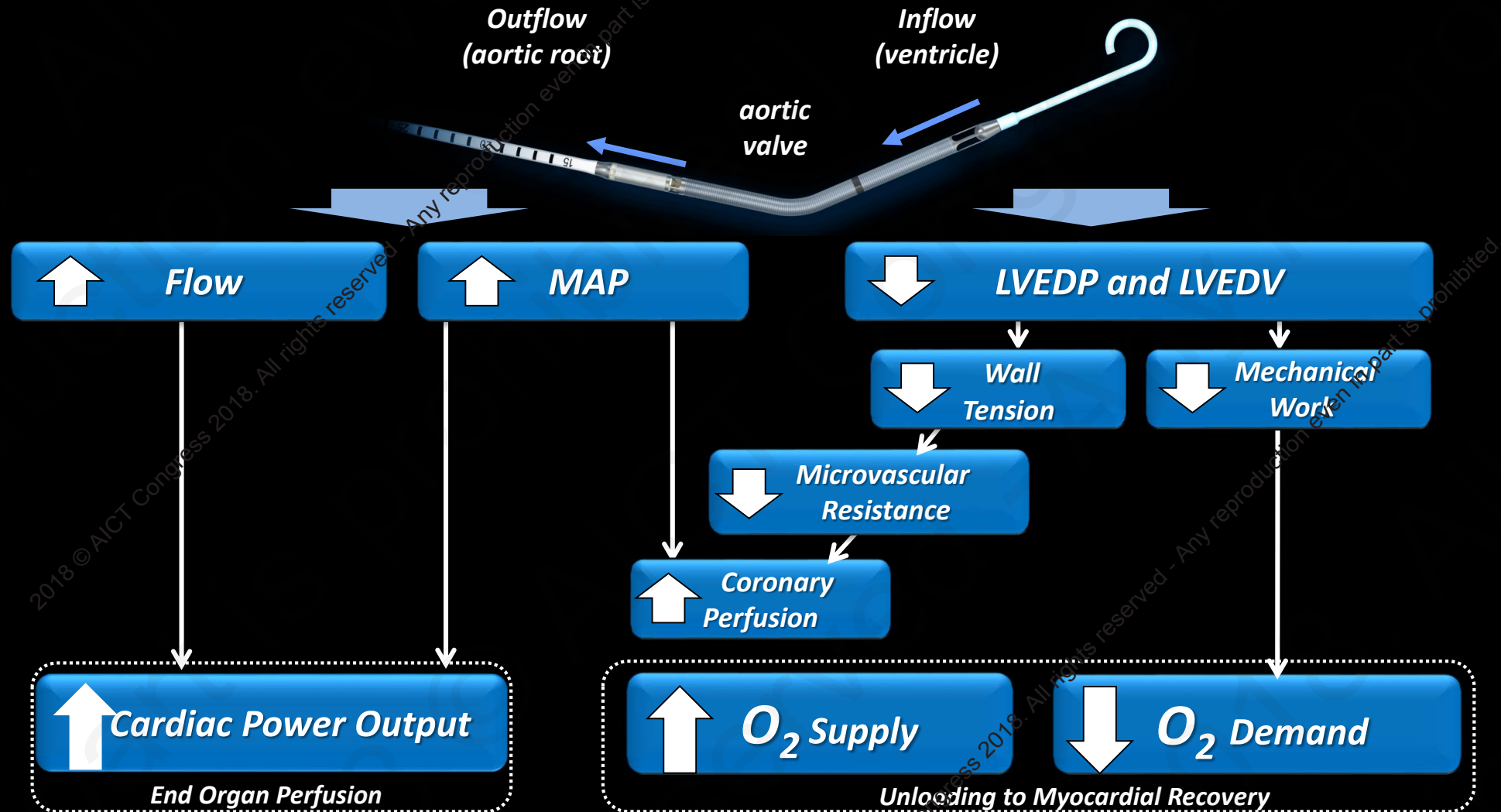
↓ Peak LVP  
↓ Preload

↓ PVA  
↓ MVO2





# Hemodynamic Effects of Impella Support



Fincke J, et al. Am Coll Cardiol 2004  
 den Uil CA, et al. Eur Heart J 2010  
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 Rimmelink M, et al. Catheter Cardiovasc Interv 2010  
 Naidu S, et al. Novel Circulation. 2011  
 Weber DM, et al. Cardiac Interventions Today Supplement Aug/Sep 2009



# USA Impella Acceptance

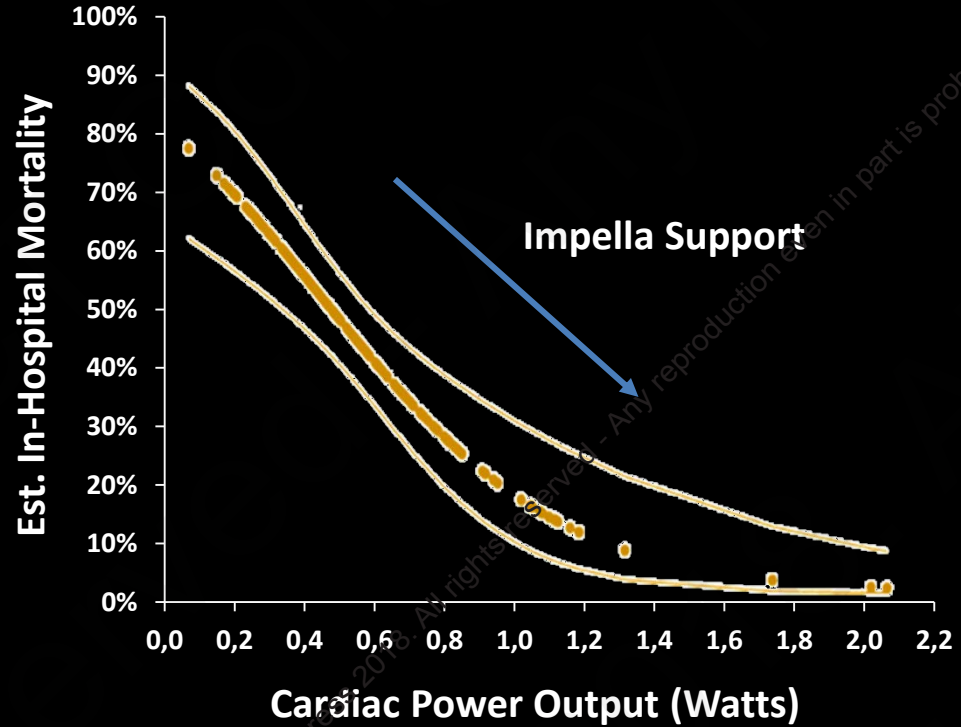
- **Only FDA PMA approved MCS Device for Temporary Hemodynamic Support**
  - **Cardiogenic Shock (AMI/PCCS) [cVAD Registry]**
  - **High Risk PCI [PROTECT II Study]**
  - **Cardiomyopathy/Peripartum/Myocarditis [cVAD Registry]**
- **Guideline Recommended**
  - **Multiple PCI, Shock, Heart Failure Guidelines**

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# Cardiac Power Output

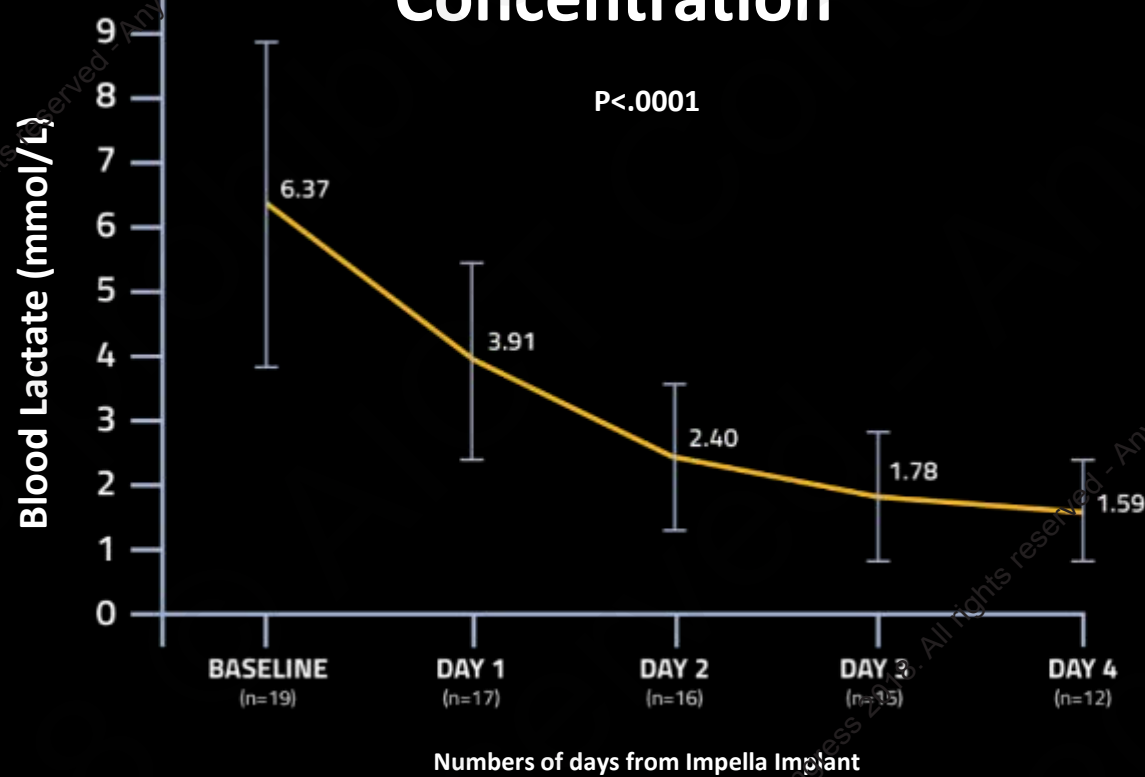


$MAP \times Cardiac\ Output \times .0022 = Cardiac\ Power\ Output$



# Improved End Organ Perfusion With Impella

## Reduction of Blood Lactate Concentration

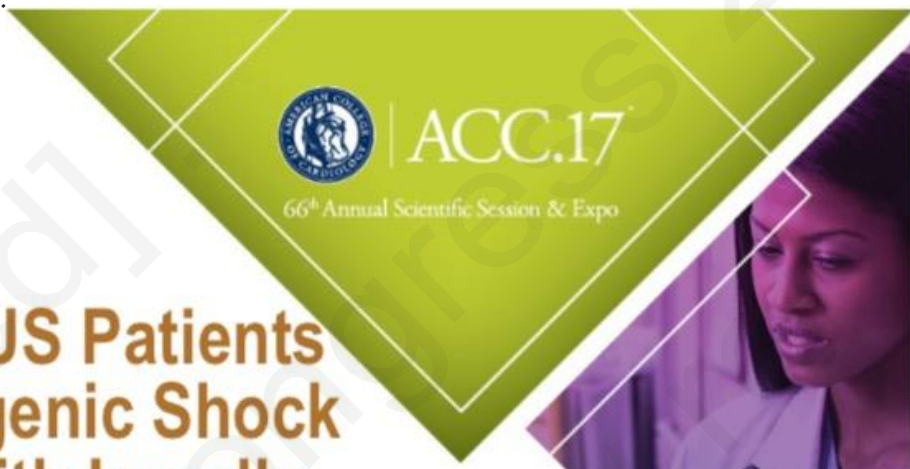


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# Outcomes for 15,259 US Patients With Acute MI Cardiogenic Shock (AMICS) Supported With Impella

William O'Neill, MD, FACC  
Medical Director  
Structural Heart Disease at Henry Ford Hospital, MI

WASHINGTON, DC  
FRI • SAT • SUN  
MARCH 17 - 19, 2017

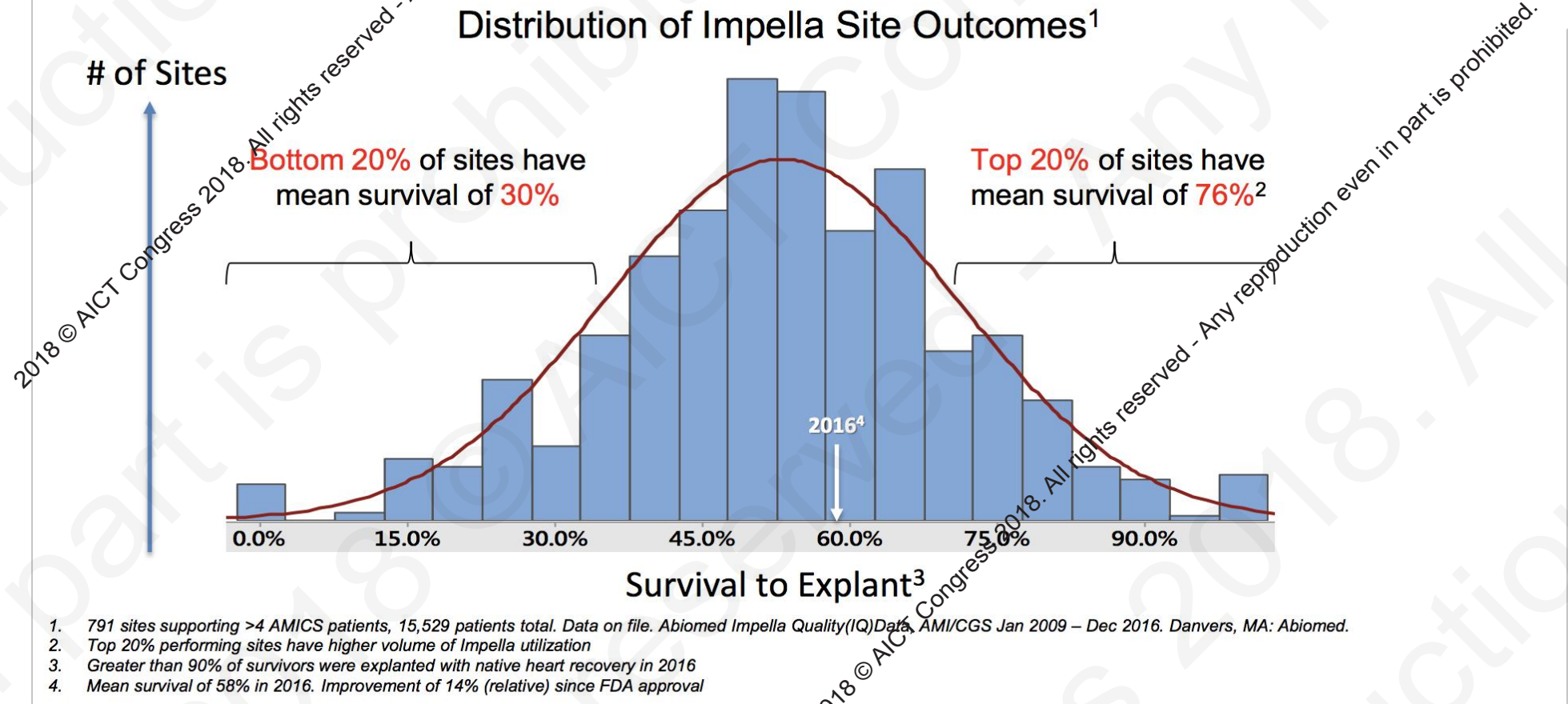


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# IQ Database Demonstrates Major Variation in MI/Shock Outcomes

## Variation in Impella AMI/CGS Outcomes



1. 791 sites supporting >4 AMICS patients, 15,529 patients total. Data on file. Abiomed Impella Quality (IQ) Data, AMI/CGS Jan 2009 – Dec 2016. Danvers, MA: Abiomed.
2. Top 20% performing sites have higher volume of Impella utilization
3. Greater than 90% of survivors were explanted with native heart recovery in 2016
4. Mean survival of 58% in 2016. Improvement of 14% (relative) since FDA approval

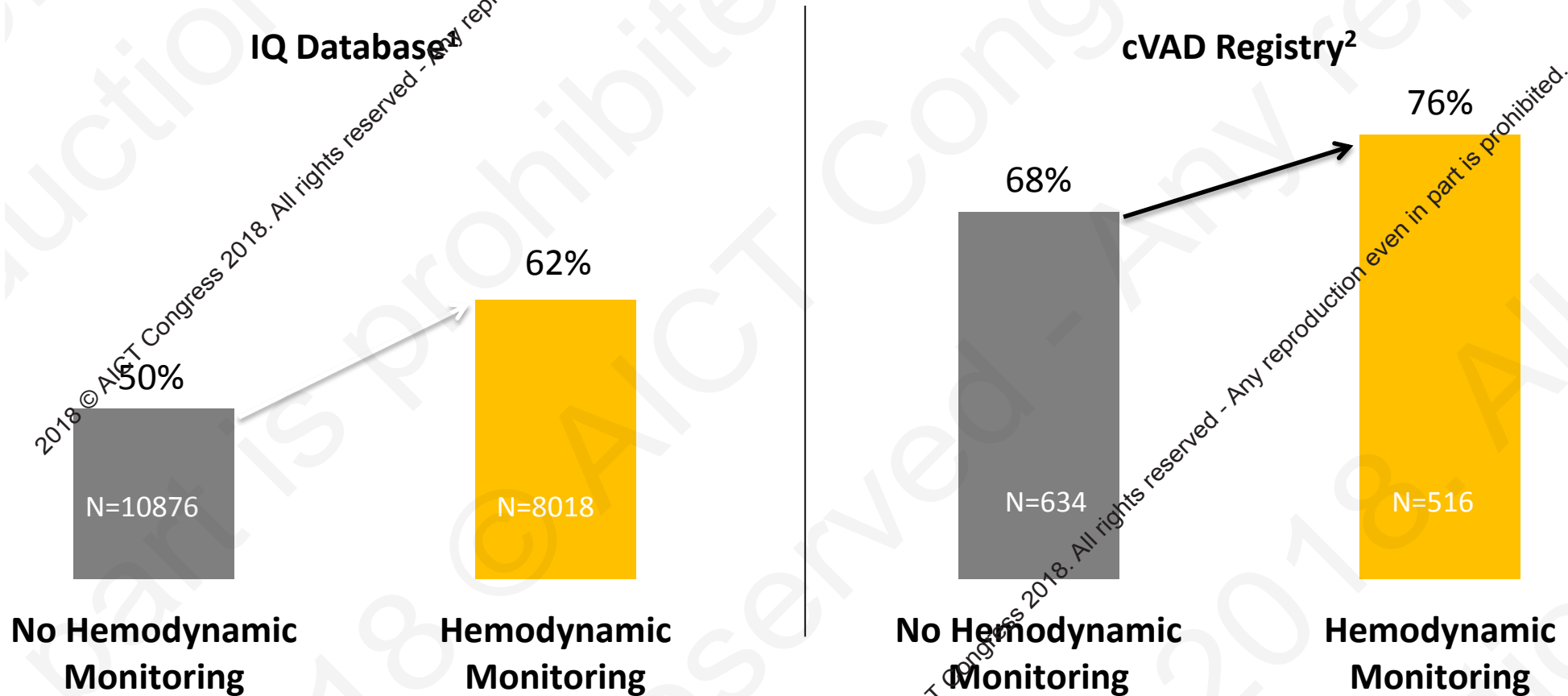
# Factors Associated Better Outcomes

- **Fewer Inotropes**
- **Use of Right Heart Catheterization**
- **Impella Insertion before PCI**

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# Hemodynamic Monitoring associated with Improved Survival in AMI/CGS



1. Abiomed Impella Quality (IQ) Database, US AMI/CGS Apr 2009– Oct 2017. Survival to Explant. Danvers, MA: Abiomed.

2. cVAD survival to explant 2009-2016

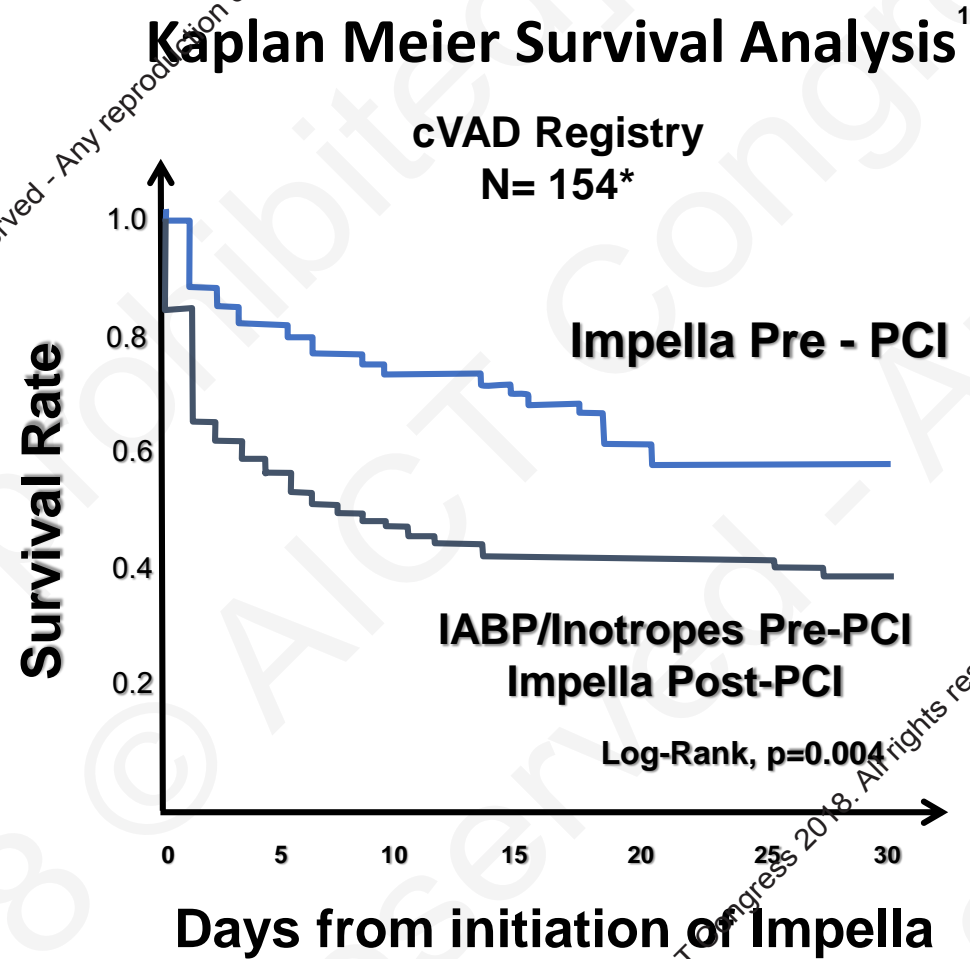


# Unloading *before* Reperfusion

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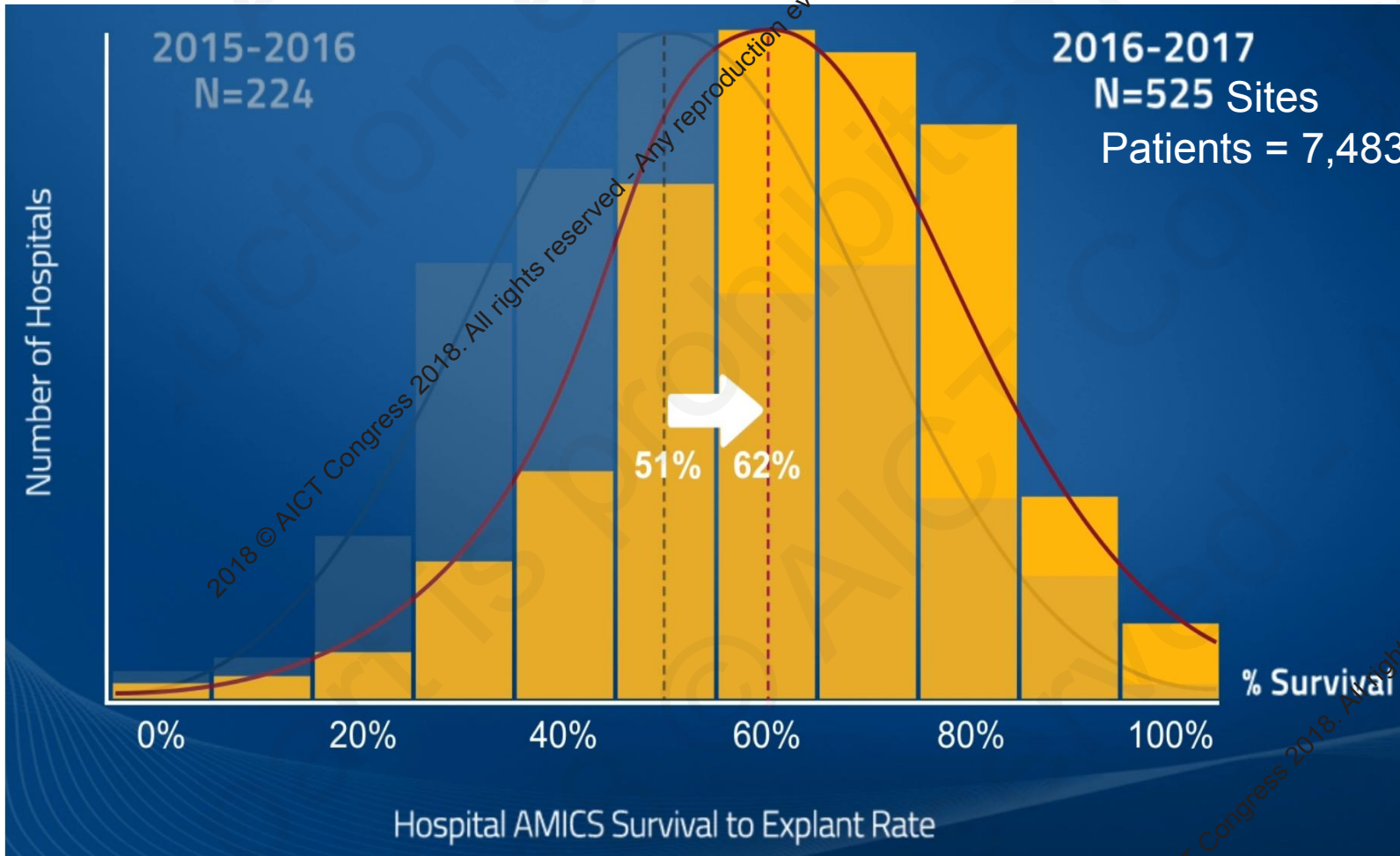
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# Timing of Support in AMI CGS Impacts Outcomes: Early is Better





# USA National Outcomes Improving



**22% relative improvement in overall outcomes since FDA PMA in March, 2016 ( $p < 0.0001$ )<sup>2</sup>**

Data on file. Abiomed Impella Quality(IQ)Data AMI/CGS Apr 2016 – Sept 2017. Danvers, MA: Abiomed.

**525 sites supporting >6 AMICS patients, 7,483 patients total since March 2016**

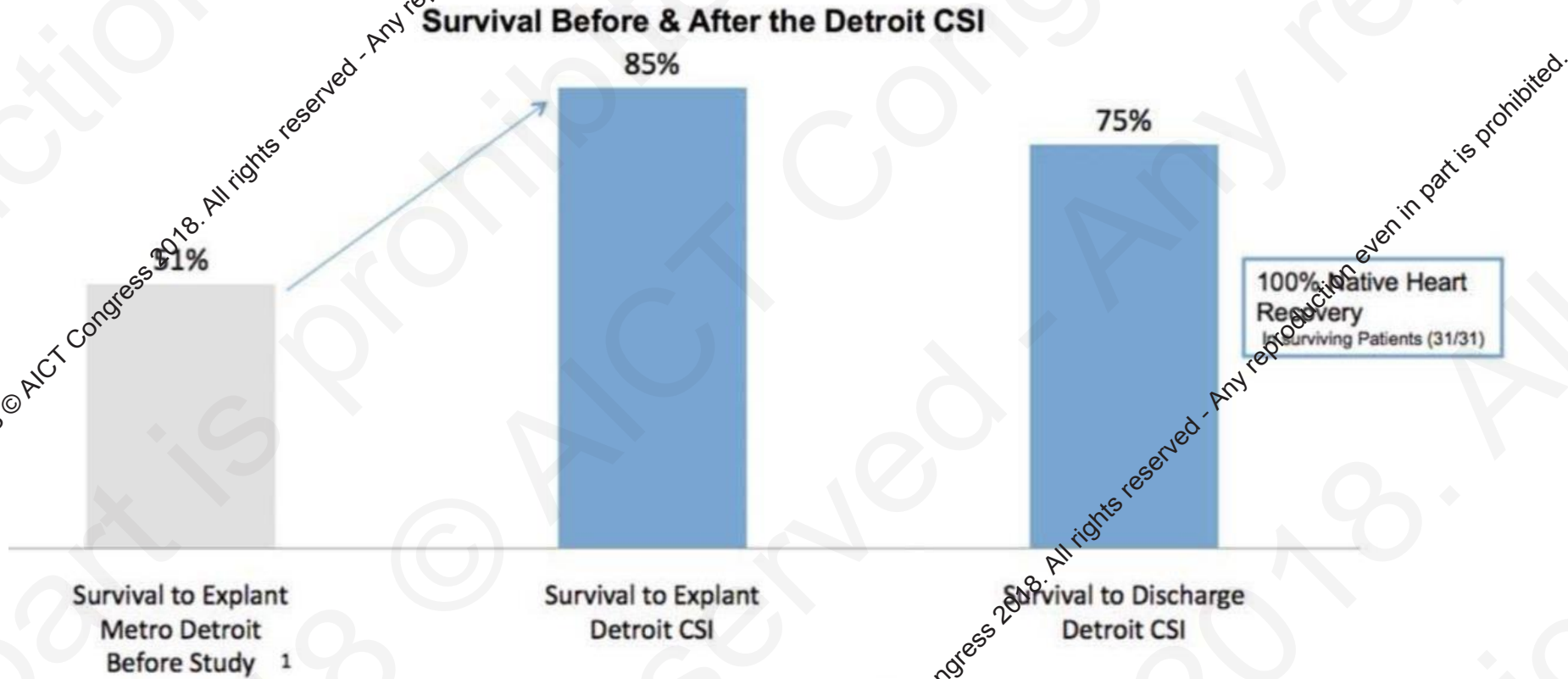


# Detroit CSI

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# Baseline Survival vs. Detroit CSI



1. *Abiomed Impella Quality (IQ) Database, Jan 2015 to July 2016 for Aggregate DTW Metro Hospitals, all-comers who presented with AMICS, Survival to Explant*

# The National Cardiogenic Shock Initiative

**88 Forms Completed**



**65 AMICS w/ Early MCS Support**

**Out of Hospital Cardiac Arrest – 10/65 (15%)**

**In Hospital Cardiac Arrest – 17/65 (31%)**

**Pre-PCI Impella 48/65 (74%)**

**IP/Post Impella 17/65 (26%)**

**Door to Balloon (STEMI) 98.3 min**

**Door to Support 91.5 min**

**Excluded**



**23 patients**

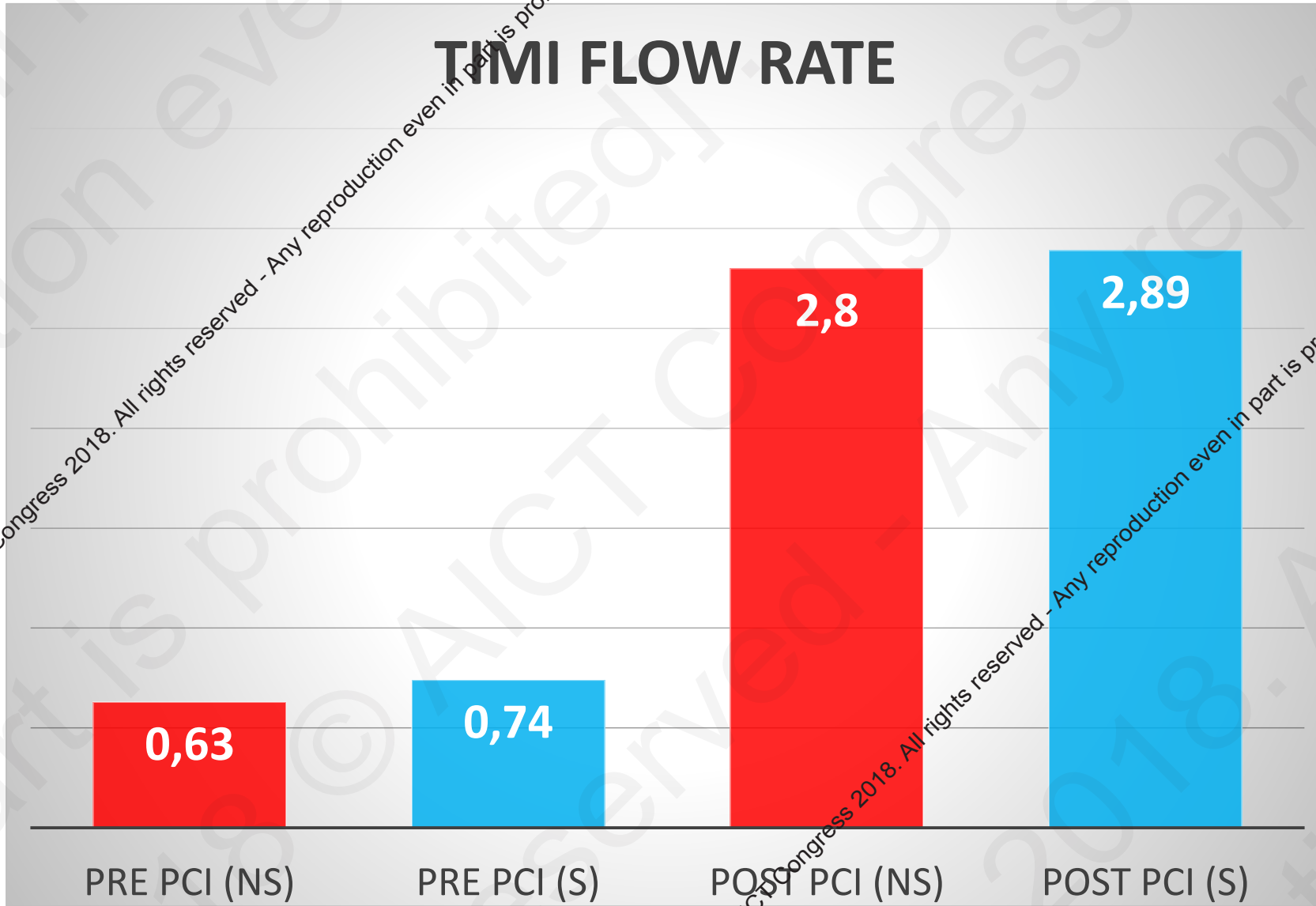
- 4 unwitnessed arrest w/ delay CPR
- 2 Septic Shock
- 1 Aortic Stenosis
- 1 massive PE
- 5 patients without evidence of shock
  - Procedural complication
  - Decompensated Heart Failure (2)
  - Hypertensive Emergency
- 9 patients with IABP prior to MCS

**74% Survival (N=48/65)**



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# TIMI FLOW RATE

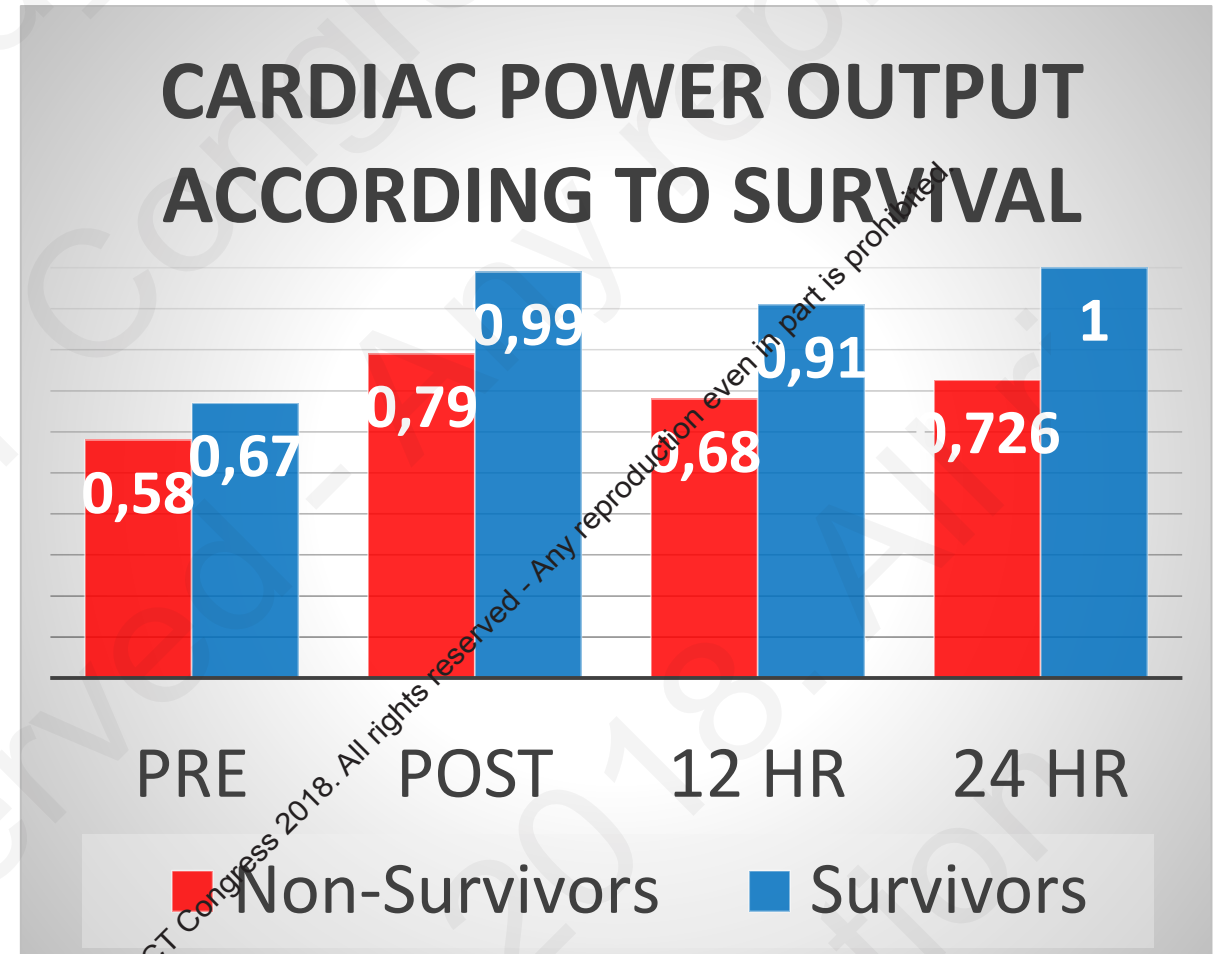
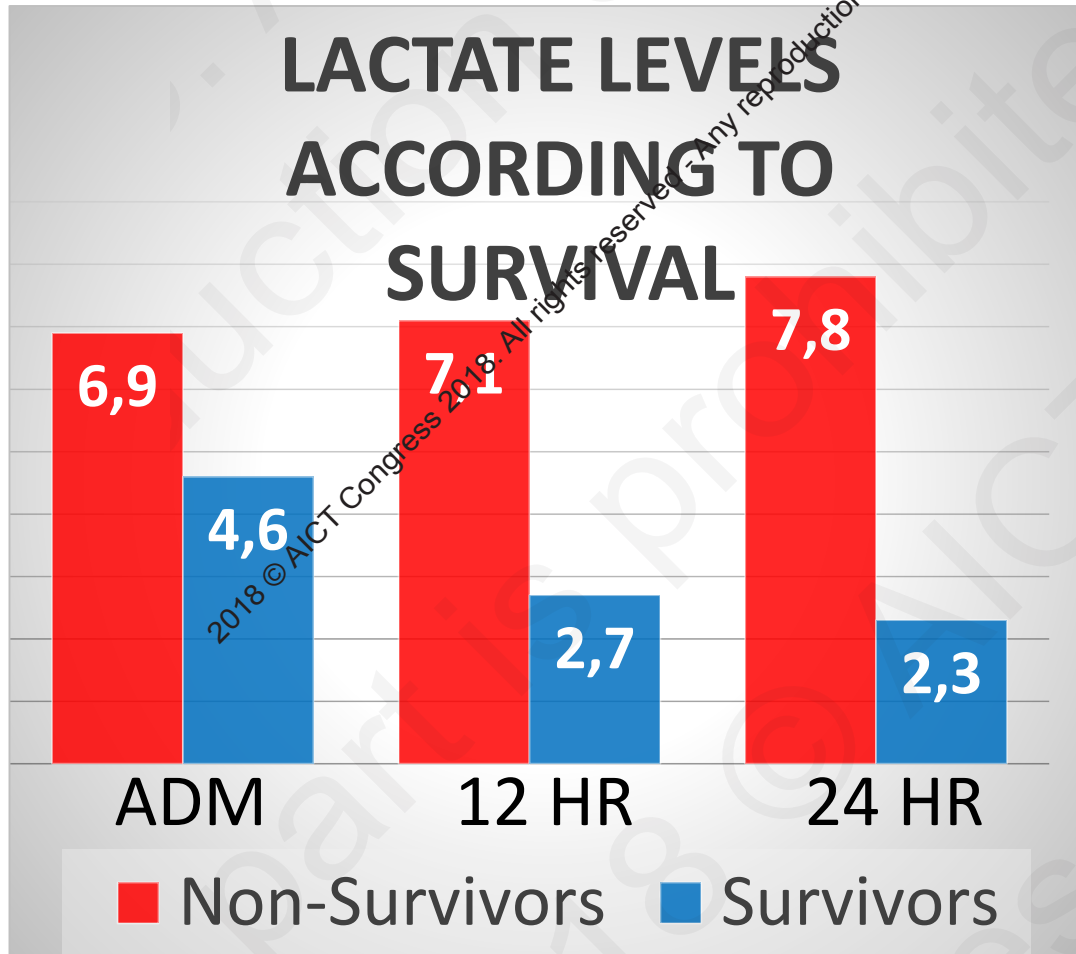


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# Strategic Outcomes



# Predictors of Survival CPO & Lactate @ 12-24 Hrs

Lactate < 3 & CPO < 0.8

**83% Survival**

Lactate > 3 & CPO < 0.8

**36% Survival**

Lactate < 3 & CPO > 0.8

**95% Survival**

Lactate > 3 & CPO > 0.8

**66% Survival**

Basir, O'Neill et al (Unpublished, National CSI)

[www.henryford.com/cardiogenicshock](http://www.henryford.com/cardiogenicshock)



# The Power of a Shock Team

Emphasis on ***TEAM***

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# Protocols: A Guide to Consistent Practice

**Encourages Door to Support**

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# Impella® Best Practices in AMI Cardiogenic Shock

## Identify<sup>1-3</sup>

- SBP < 90 mmHg or on inotropes/pressors
- Cold, clammy, tachycardia
- Lactate elevated > 2 mmol/L

### Cardiogenic etiology evaluation

- EKG (STEMI / NSTEMI)
- Echocardiography<sup>4</sup>
- If available, PA catheter, cardiac output, CPO, CI, PCWP, SvO<sub>2</sub><sup>5-7</sup>

## Stabilize Early

### Reduce Door to Unloading Time (DTU)

- Impella Support pre-PCI<sup>8-10</sup>
- Reduce Inotropes/Pressors<sup>11,12</sup>

## Appropriate Revascularization

- Per Guidelines<sup>13,14</sup>

## Assess for Myocardial Recovery (Weaning and Transfer Protocols)

- ↑ Cardiac Output
- ↑ Cardiac Power Output
- ↑ Urine Output
- ↓ Lactate
- ↓ Inotropes

## Myocardial Recovery<sup>15,16</sup>

## No Recovery Escalate (and Ambulate) or Transfer<sup>17</sup>

- Ongoing Left Heart Failure
- Assess for Right Heart Failure

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# Strategic Points

## Current Strategies in Management of Cardiogenic Shock

- **Door to Unload First. TIME is MUSCLE!**
- **Reperfuse**
- **Hemodynamic Monitoring**
  - **Increase Cardiac Power**
  - **Reduce peripheral lactate**
  - **Improve Coronary Perfusion/Reduce myocardial work**

**This is a “First” Strategy - Not a Last Resort!**



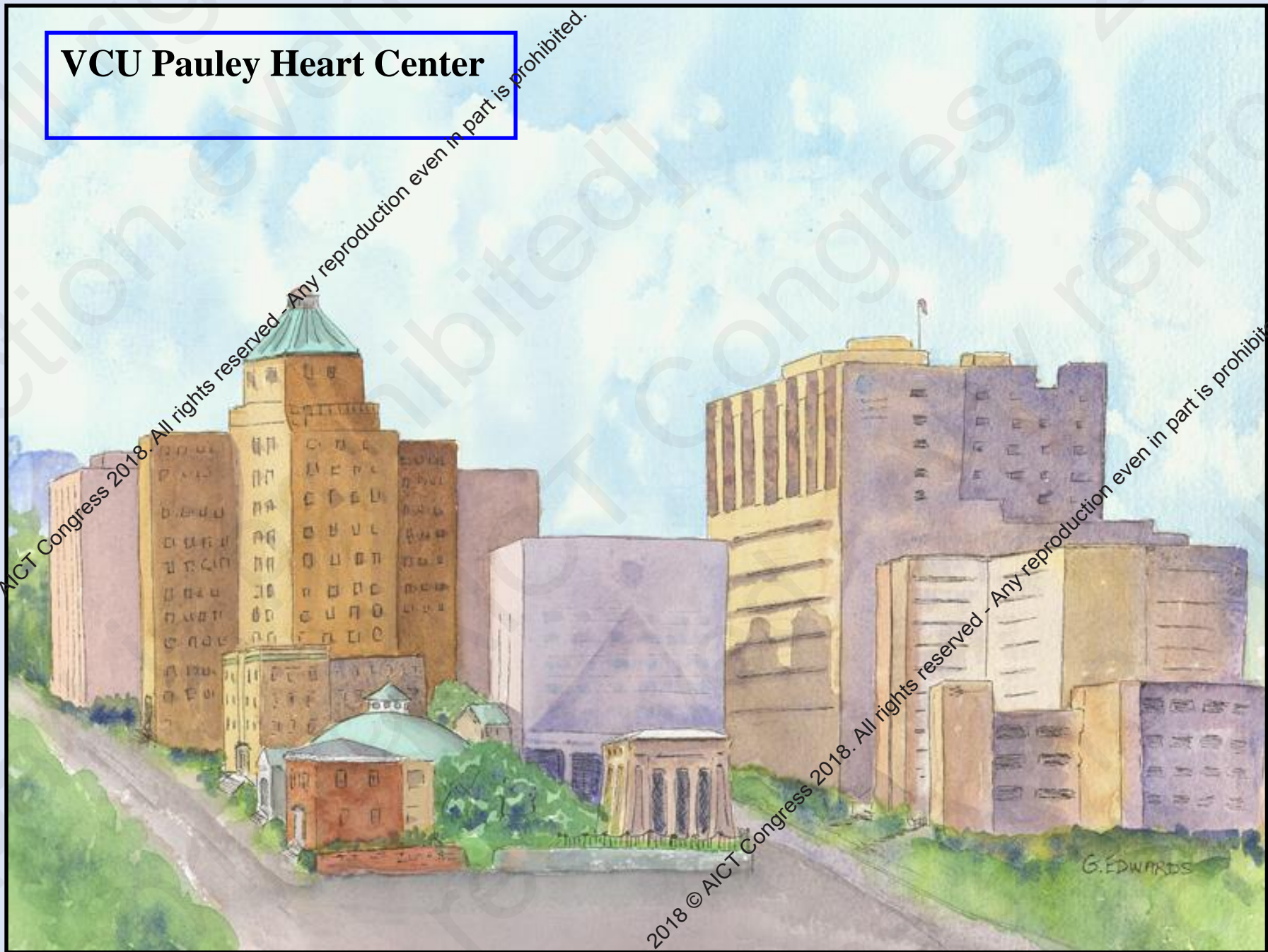


# The Goal: *Cardiac Recovery!*

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