# Mechanistic Basis of Hemolytic Anemia in Sickle Cell Disease

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# Sickle cell disease clinical features



# Mechanistic Basis of Hemolytic Anemia

- •Extravascular hemolysis: Peripheral destruction of RBCs in the circulation leading to decreased red cell life span
- Intravascular hemolysis
- Ineffective erythropoiesis due to increased apoptosis of erythroblasts in the bone marrow











Paszty C et. Science 278: 876-878, 1997











Paszty C et. Science 278: 876-878, 1997











### Sickle Mouse RBCs





### (oxygenated)

#### (de-oxygenated)













#### Hematologic data

		Hematocrit %	Reticulocyte %	Spleen % of body wt
Wild type	(n=6)	43.6 ±1.2	3.4 ±0.5	0.5
Sickle mouse (n=6)		28.7 ±2.5	26.8 ±2.2	6.5



















#### Marked Variability of Red Cell Life Span in SCD Patients



Quinn CT, et al. Am. J. Hematol. 2016









#### Conventional Markers of Hemolysis are not good predictors of Red Cell Lifespan



Quinn CT, et al. Am. J. Hematol. 2016











Absolute Reticulocyte Count is the best predictor of Red cell Lifespan



Quinn CT, et al. Am. J. Hematol. 2016











Extent of extravascular hemolysis is highly variable from individual to individual.

Higher Hb F levels and co-inheritance for alpha-thalassemia increase the circulatory life span of red cells.

Treatment with hydroxyurea by increasing HbF levels improves the circulatory life span of red cells and decreases the extent of extravascular hemolysis.

Phosphatidyl serine exposure is a determinant of red cell life span

It is difficult to quantitate the extent of intravascular hemolysis in sickle cell disease











### Ineffective Erythropoiesis in Sickle Cell Disease

Ineffective erythropoiesis due to increased apoptosis of erythroblasts in the bone marrow leading to decreased reticulocyte production has long been recognized to be a significant contributor to anemia in thalassemia.

However, the contribution ineffective erythropoiesis to anemia in sickle cell disease has been less well studied.









### Human erythropoiesis



2.5 million reticulocytes are generated every second in the human bone marrow









### Erythropoiesis in SCD marrow



### Bone marrow of SAD mice



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Blouin MJ, et al. Blood 1999



# In vitro erythropoiesis











### In vitro sickling of SS erythroblasts



(El Hoss et al., Haematologica 2021)









### Blockade at the polychromatic stage



This decrease in proliferation is due to apoptosis

El Hoss et al., Haematologica 2021









### Terminal erythroid differentiation in vivo

SCD bone marrow



### F-cells in SCD bone marrow in vivo



#### Positive selection of F-cells during erythroid differentiation in vivo









Ineffective erythropoiesis is a feature of sickle cell disease.

Hemoglobin polymerization and sickling of polychromatic erythroblasts in the hypoxic bone marrow environment leads to apoptosis.

Increased HbF levels by reducing the extent of sickling of erythroblasts decreases ineffective erythropoiesis.

Treatment with hydroxyurea by increasing HbF levels could lead to more effective erythropoiesis.









# Summary

- Hemolytic anemia of sickle cell disease in multifactorial with contributions from extravascular hemolysis, intravascular hemolysis and ineffective erythropoiesis.
- Hypoxia induced sickling is a contributors to all three features of hemolysis.
- Reduced sickling due to induction of fetal hemoglobin or changing oxygen affinity by inhibiting sickling reduces severity of anemia.









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