



INSTITUT  
CARDIOVASCULAIRE  
PARIS  
SUD

[www.icps.fr](http://www.icps.fr)

**Faut-il avoir peur du patient à haut  
risque hémorragique?**

**Réduire le risque et la durée de la  
DAPT: comment faire?**

P. Garot, Institut Cardiovasculaire Paris-Sud



[www.icps.fr](http://www.icps.fr)

## Disclosures

- Speaker fees: Abbott, Biosensors, Boston Scientific, Edwards
- Stockholder and medical co-director Cardiovascular European Research Center

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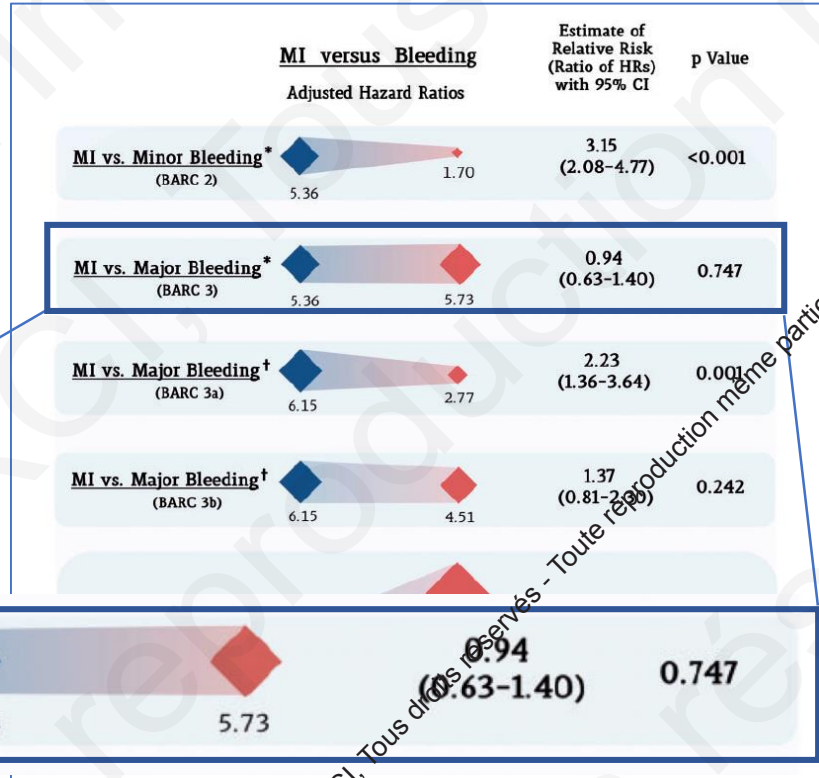


# Does bleeding really matter?

**Trade-off of myocardial infarction vs. bleeding types on mortality after acute coronary syndrome: lessons from the Thrombin Receptor Antagonist for Clinical Event Reduction in Acute Coronary Syndrome (TRACER) randomized trial**

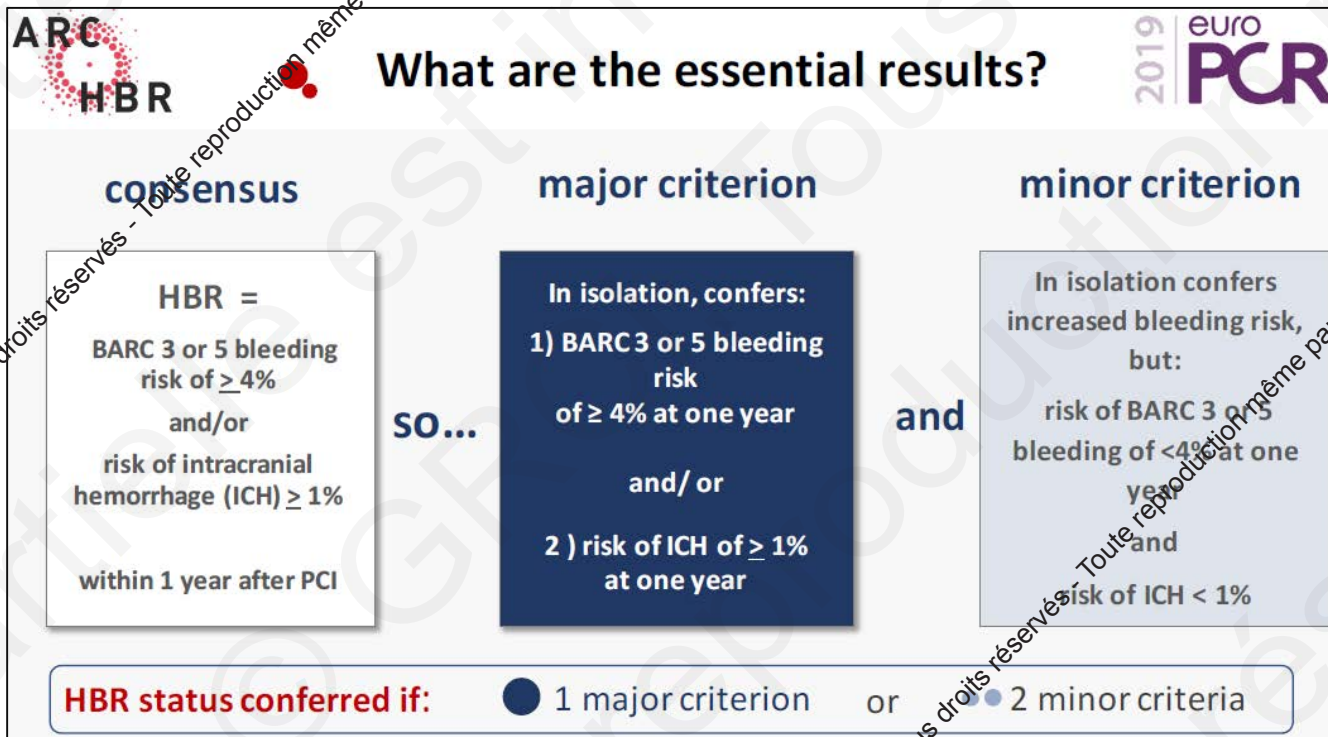
Marco Valgimigli<sup>1,2\*</sup>, Francesco Costa<sup>2,3</sup>, Yuliya Lokhnygina<sup>4</sup>, Robert M. Clare<sup>4</sup>, Lars Wallentin<sup>5</sup>, David J. Moliterno<sup>6</sup>, Paul W. Armstrong<sup>7</sup>, Harvey D. White<sup>8</sup>, Claes Held<sup>9</sup>, Philip E. Aylward<sup>9</sup>, Frans Van de Werf<sup>10</sup>, Robert A. Harrington<sup>11</sup>, Kenneth W. Mahaffey<sup>11</sup>, and Pierluigi Tricoci<sup>4</sup>

- 12702 NSTEMI patients
- Enrolled in TRACER (vorapaxar vs control)
- MI & bleeding > 30 days post ACS
- Mortality versus MI or BARC bleed



# Identify HBR patients

## ARC HBR Initiative





Age

>75yo

Aging



Renal disease

<30  
<60  
eGFR (ml/min)



Liver disease

Cirrhosis + portal hypertension



Active cancer

Diagnosis or treatment in last 12 m



Anemia

<110  
<130W  
<120 M  
Hb (g/L)

Laboratory



Low platelet count

<100x10<sup>9</sup>/L

- Major criterion
- Minor criterion



Stroke, ICH, bAVM

\*  
any other prior stroke

Previous spont ICH / known bAVM/  
Traumatic ICH <12m / mod-sev  
chemic stroke <6m + hospital  
and/or TF

CNS



Bleeding diathesis

Chronic & significant  
bleeding diathesis

Bleeding history



Prior bleeding or transfusion

<6 months or anytime  
if recurrent

6-12 months,  
not recurrent  
Spontaneous bleeding +  
hospital and/or TF



OAC

Long term after  
PCI

Iatrogenic



NSAIDs, steroids

Chronic use after  
PCI



Planned surgery  
on DAPT or  
recent trauma or surgery

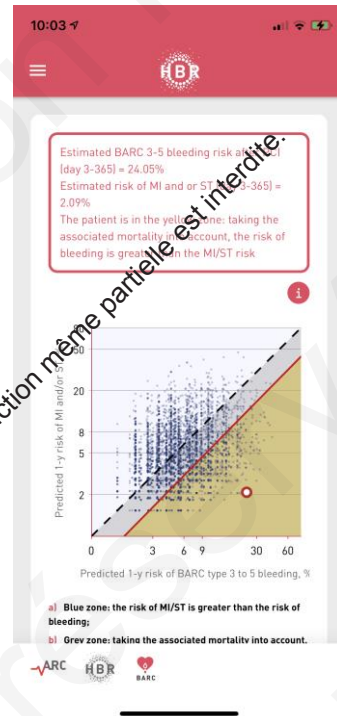
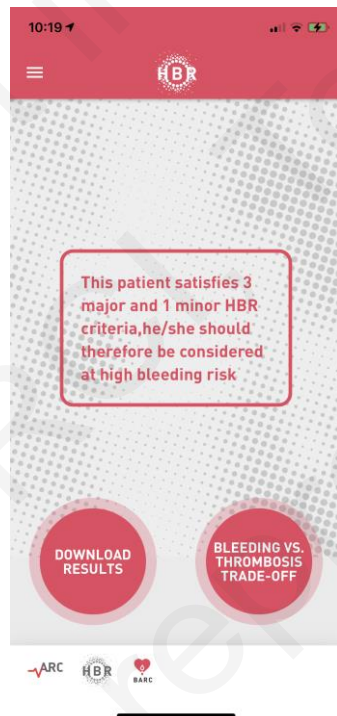
Non deferrable surgery on DAPT or  
major trauma/surgery in prior 30 days

P. Urban. Defining high bleeding risk in patients undergoing PCI: a consensus from the Academic Research Consortium for high bleeding risk. JACC. 2019;83:1000-1008. PCR oral presentation





# App



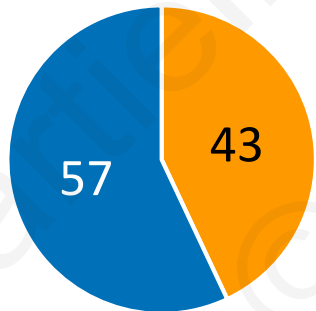
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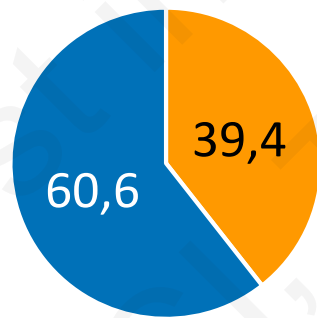
# Prevalence of ARC-HBR patients in PCI registries

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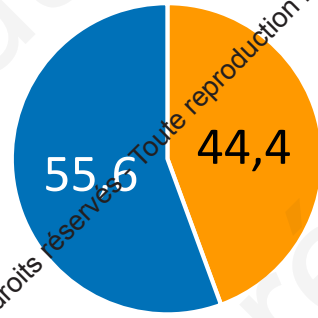
Natsuaki et al <sup>1</sup>



Ueki et al <sup>2</sup>



Cao et al <sup>3</sup>



ARC HBR non-HBR

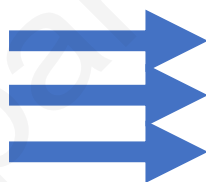
- 1. Circ Cardiovasc Interv. 2019;12:e008307
- 2. EuroIntervention 2020;16:371-379
- 3. JACC 2020; 75:2711-22

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# Non invasive testing if applicable

## 2019 ESC Guidelines



New major recommendations in 2019	
Basic testing, diagnostics, and risk assessment	
Non-invasive functional imaging for myocardial ischaemia or coronary CTA is recommended as the initial test for diagnosing CAD in symptomatic patients in whom obstructive CAD cannot be excluded by clinical assessment alone.	I
It is recommended that selection of the initial non-invasive diagnostic test be based on the clinical likelihood of CAD and other patient characteristics that influence test performance, local expertise, and the availability of tests.	I
Functional imaging for myocardial ischaemia is recommended if coronary CTA has shown CAD of uncertain functional significance or is not diagnostic.	I
Invasive angiography is recommended as an alternative test to diagnose CAD in patients with a high clinical likelihood and severe symptoms refractory to medical therapy, or typical angina at a low level of exercise and clinical evaluation that indicates high event risk. Invasive functional assessment must be available and used to evaluate stenoses before revascularization, unless very high grade (>90% diameter stenosis).	I
Invasive coronary angiography with the availability of invasive functional evaluation should be considered for confirmation of the diagnosis.	IIb

Invasive angiography is recommended as an alternative test to diagnose CAD in patients with a high clinical likelihood and severe symptoms refractory to medical therapy, or typical angina at a low level of exercise and clinical evaluation that indicates high event risk. Invasive functional assessment must be available and used to evaluate stenoses before revascularization, unless very high grade (>90% diameter stenosis).

I

2013	Class <sup>a</sup>	2019	Class <sup>a</sup>
Exercise ECG is recommended as the initial test to establish a diagnosis of stable CAD in patients with symptoms of angina and intermediate PTP of CAD (15–65%), free of anti-ischaemic drugs, unless they cannot exercise or display ECG changes that make the ECG non-evaluable.	I	Exercise ECG is recommended for the assessment of exercise tolerance, symptoms, arrhythmias, BP response, and event risk in selected patients.	I
		Exercise ECG may be considered as an alternative test to rule-in or rule-out CAD when other non-invasive or invasive imaging methods are not available.	IIb
Exercise ECG should be considered in patients on treatment to evaluate control of symptoms and ischaemia.	IIa	Exercise ECG may be considered in patients on treatment to evaluate control of symptoms and ischaemia.	IIb





# Non invasive testing if applicable

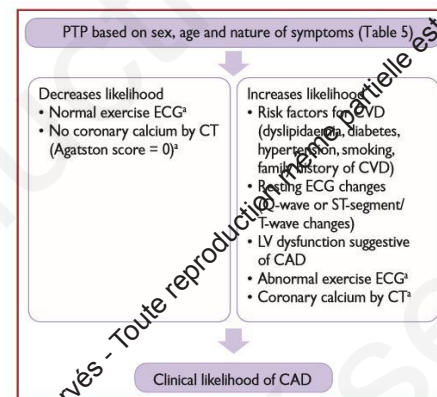
## ESTABLISHING PRE TEST PROBABILITY OF CAD

### •DIAMOND AND FORRESTER (based on sex, age, symptoms)

**Table 5** Pre-test probabilities of obstructive coronary artery disease in 15 815 symptomatic patients according to age, sex, and the nature of symptoms in a pooled analysis<sup>64</sup> of contemporary data<sup>7,8,62</sup>

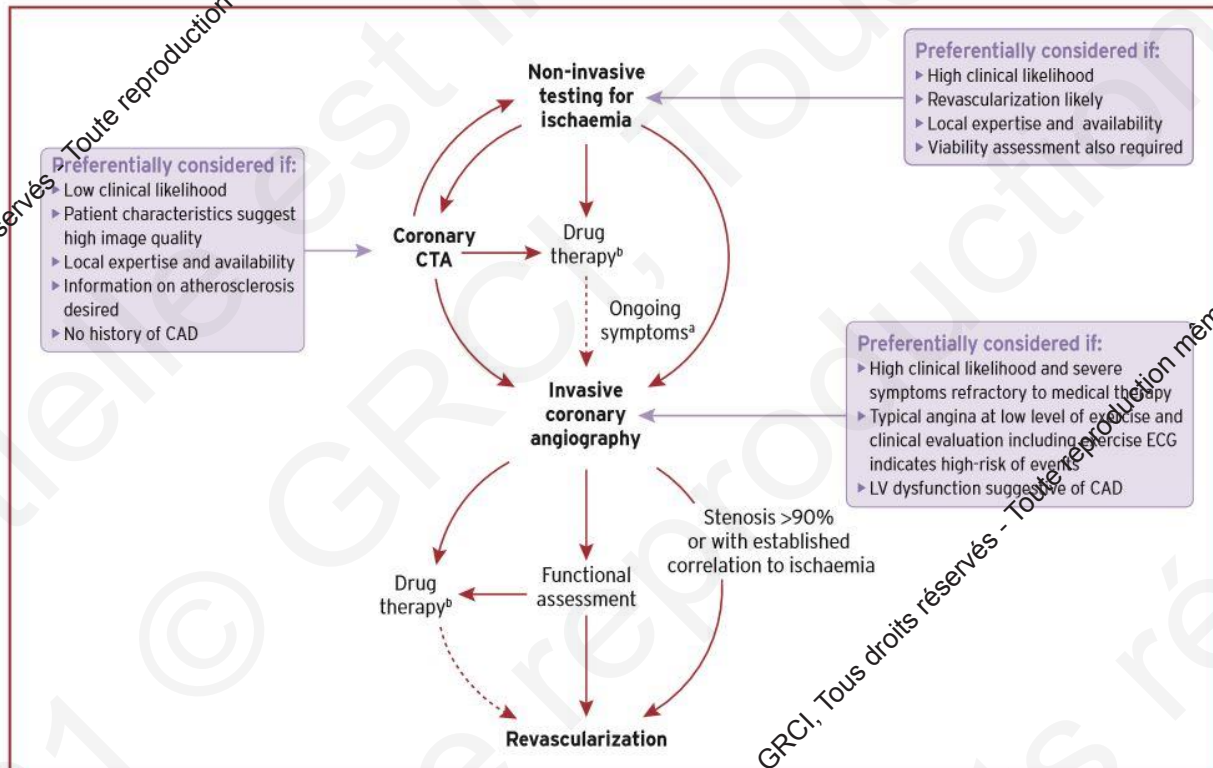
Age	Typical		Atypical		Non-anginal		Dyspnoea <sup>a</sup>	
	Men	Women	Men	Women	Men	Women	Men	Women
30–39	3%	5%	4%	3%	1%	1%	0%	3%
40–49	22%	10%	10%	6%	3%	2%	12%	3%
50–59	32%	13%	17%	6%	11%	3%	20%	9%
60–69	44%	16%	26%	11%	22%	6%	27%	14%
70+	52%	27%	34%	19%	24%	10%	32%	12%

## CLINICAL LIKELIHOOD of CAD



# 2019 ESC Guidelines on CCS

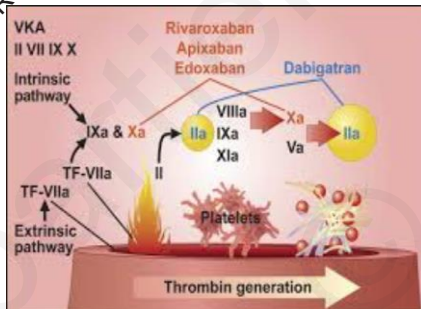
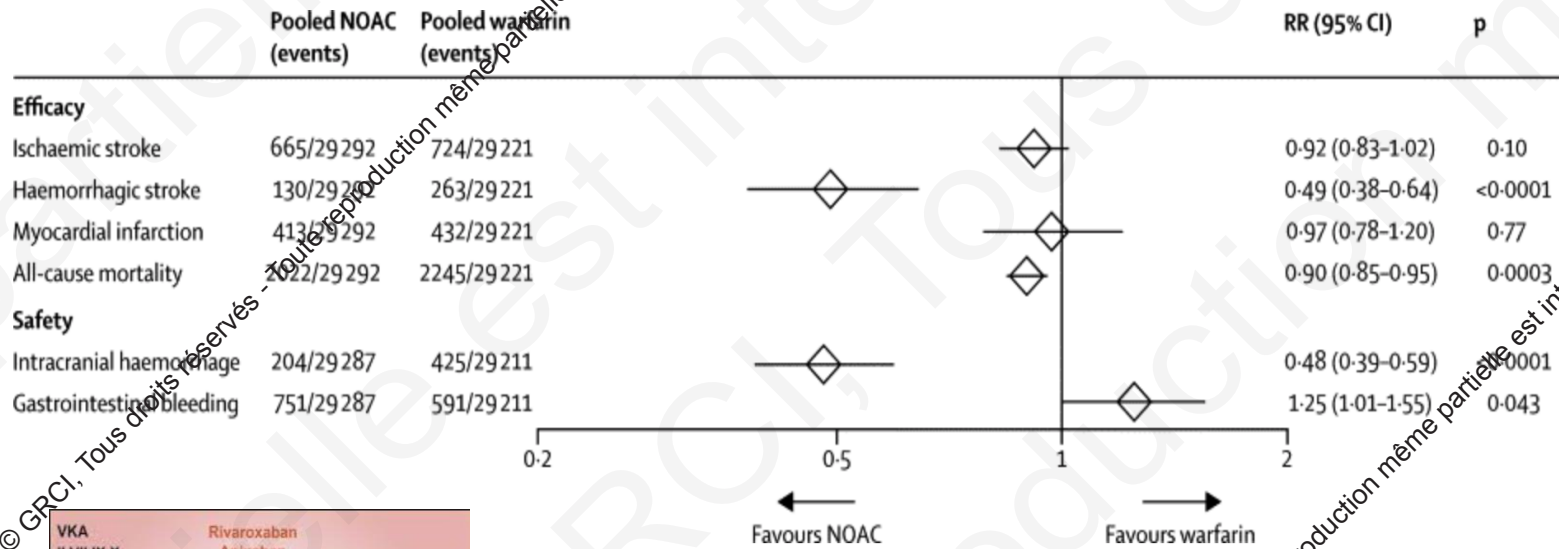
The choice of the test depends on the clinical likelihood of CAD, local expertise and availability



©ESC 2019



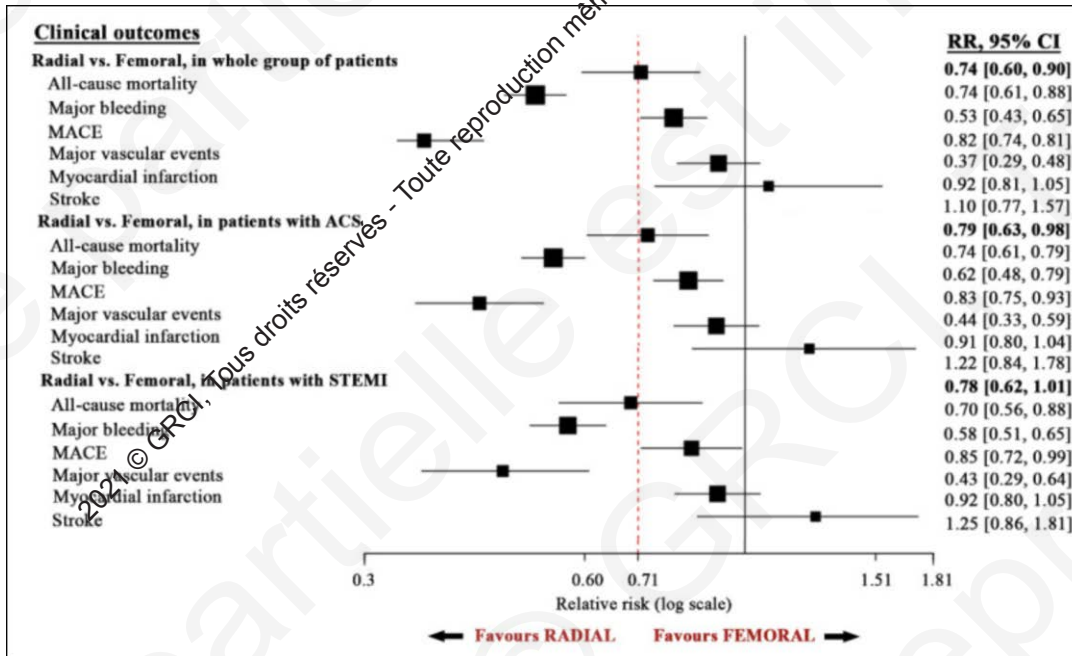
# Optimal anticoagulation



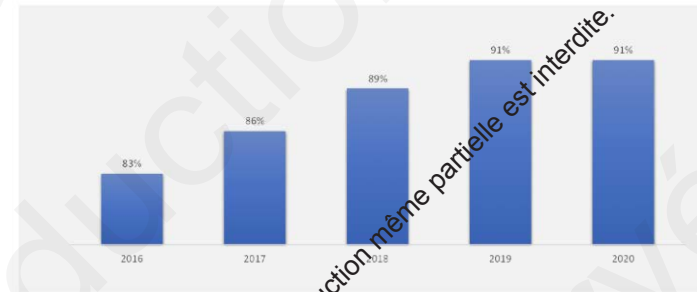
**Direct OAC Vs. Warfarin: meta-analysis of RCT RE-LY, ROCKET-AF, ARISTOTLE, ENGAGE AF-TIMI 48**

# Radial access

34 RCT, 29,352 Pts



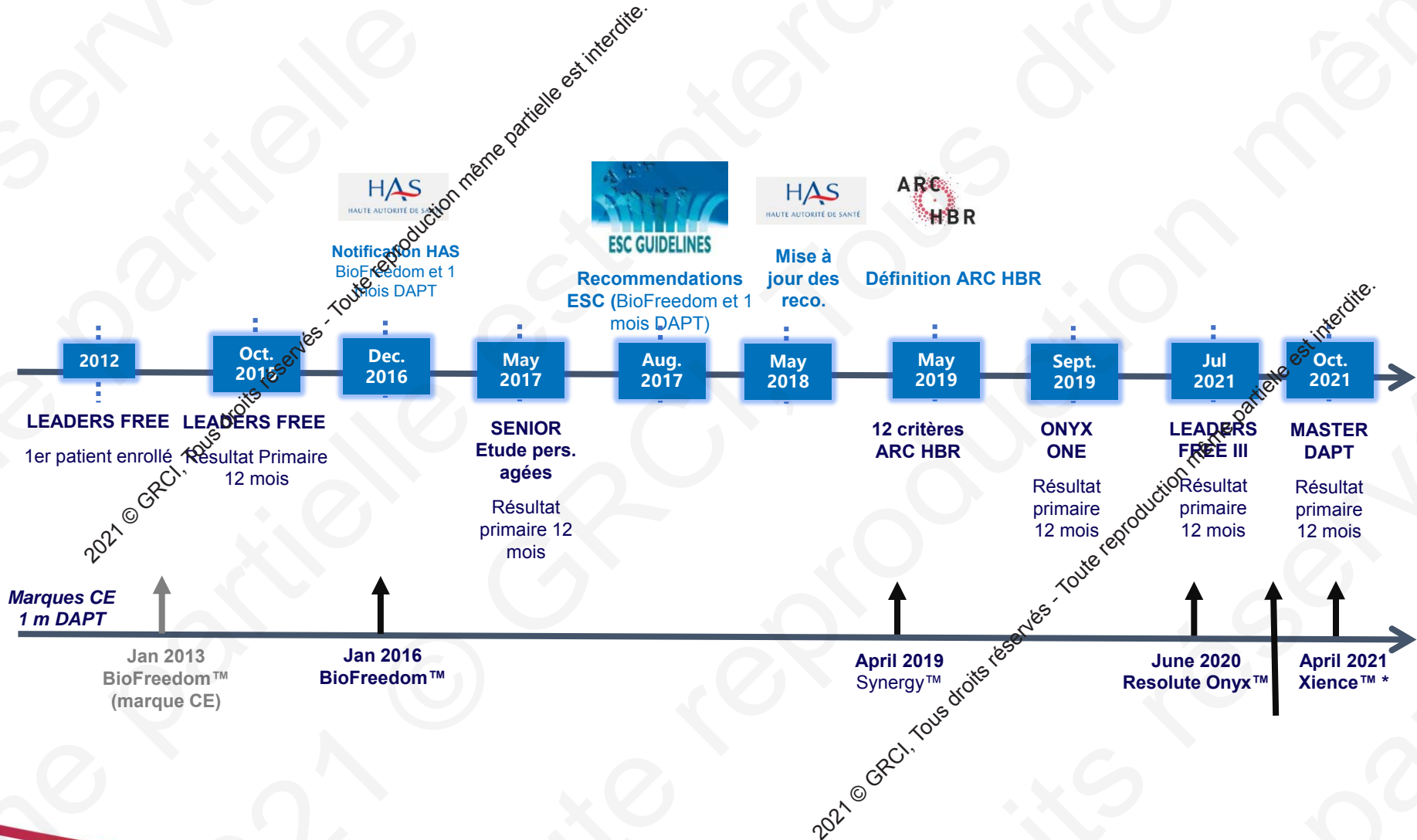
## Utilisation de la Radiale (angioplasties)



D. Blanchard High Tech 2021



# Appropriate stent selection



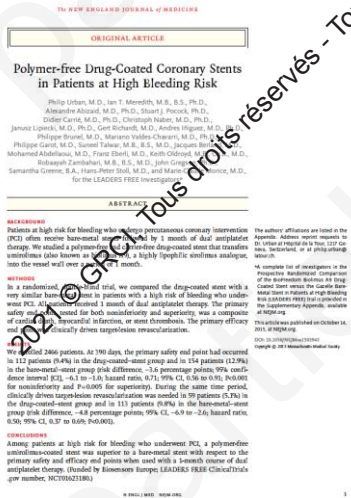
# 4 completed & published randomized trials of short DAPT for HBR patients

BioFreedom DCS vs. BMS (1 month)

Endeavor ZES vs. BMS (1 month)

Synergy EES vs. BMS (1 or 6 months)

Onyx ZES vs. BF-DCS (1 month)



LEADERS FREE

ZEUS HBR

SENIOR

ONYX-ONE



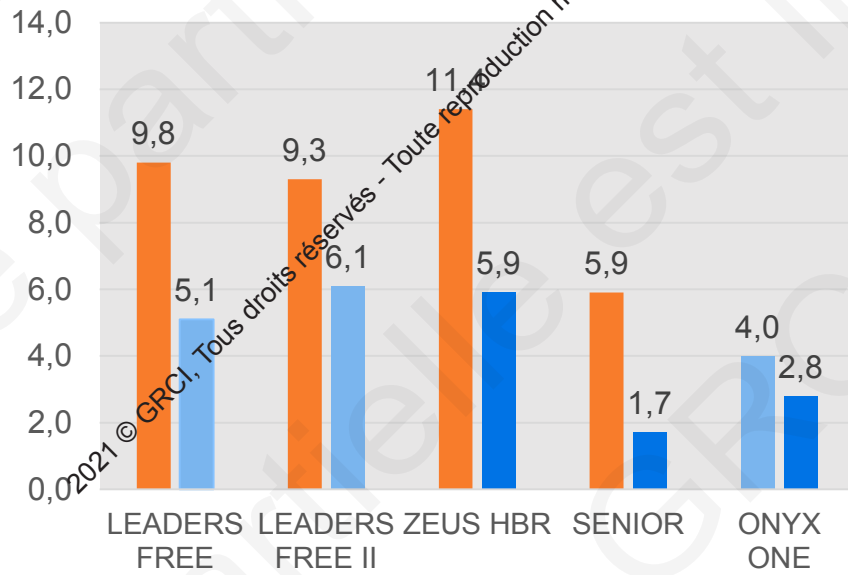
# 11 other trials of $\leq 3$ months DAPT for HBR patients

randomized	trial	stent	type	limus kinetics	patients	experimental arm DAPT	control arm DAPT	status May 2020
		COBRA-REDUCE	Cobra PzF	Polyzene-F nanocoating	na	840 on AVK or NOAC	2 weeks	EES or R-ZES & 6 months DAPT
	MASTER DAPT	Ultimaster SES	2 <sup>nd</sup> G BD polymer	slow	4300 HBR	1 month	guidelines	follow-up
	TARGET SAFE	Firehawk	Biodegradable polymer	slow	1700 HBR	1 month	6 months	enrolling
single arm	<b>LEADERS FREE II</b>	BioFreedom DCS	Polymer free	fast	1200 HBR	1 month	<b>BMS arm of LEADERS FREE</b>	<b>Completed Circ inter 2020</b>
	EVOLVE SHORT DAPT	Synergy EES	2 <sup>nd</sup> G BD polymer	slow	2000 HBR	3 months	historical group (12 months) & OPC	Presented ESC 2019
	POEM	Synergy EES	2 <sup>nd</sup> G BD polymer	slow	1023 HBR	1 month	single arm trial	enrolling
	XIENCE 90	Xience EES	Permanent polymer	slow	2000 HBR	3 months	single arm trial	follow-up
	XIENCE Global 28	Xience EES	Permanent polymer	slow	960 HBR	1 month	single arm trial	follow-up
	XIENCE 28 USA	Xience EES	Permanent polymer	slow	800 HBR	1 month	single arm trial	follow-up
	ONYX ONE CLEAR	Resolute Onyx DES	Permanent polymer	slow	800 HBR	1 month	performance goal	Presented ACC 2020
	LEADERS FREE III	CoCr BioFreedom	Polymer-free	fast	1200 HBR	1 month	DCS arm of LEADERS FREE	Planned presentation Euro-PCR 2020

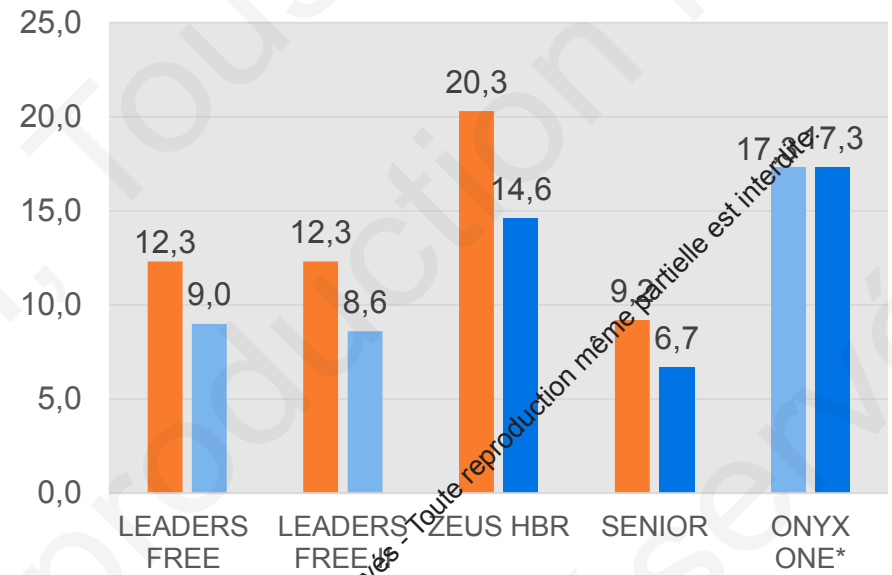


# LEADERS FREE I & II, ZEUS HBR, SENIOR & ONYX ONE

## Efficacy (cd-TLR)



## Safety (cardiac death/MI)



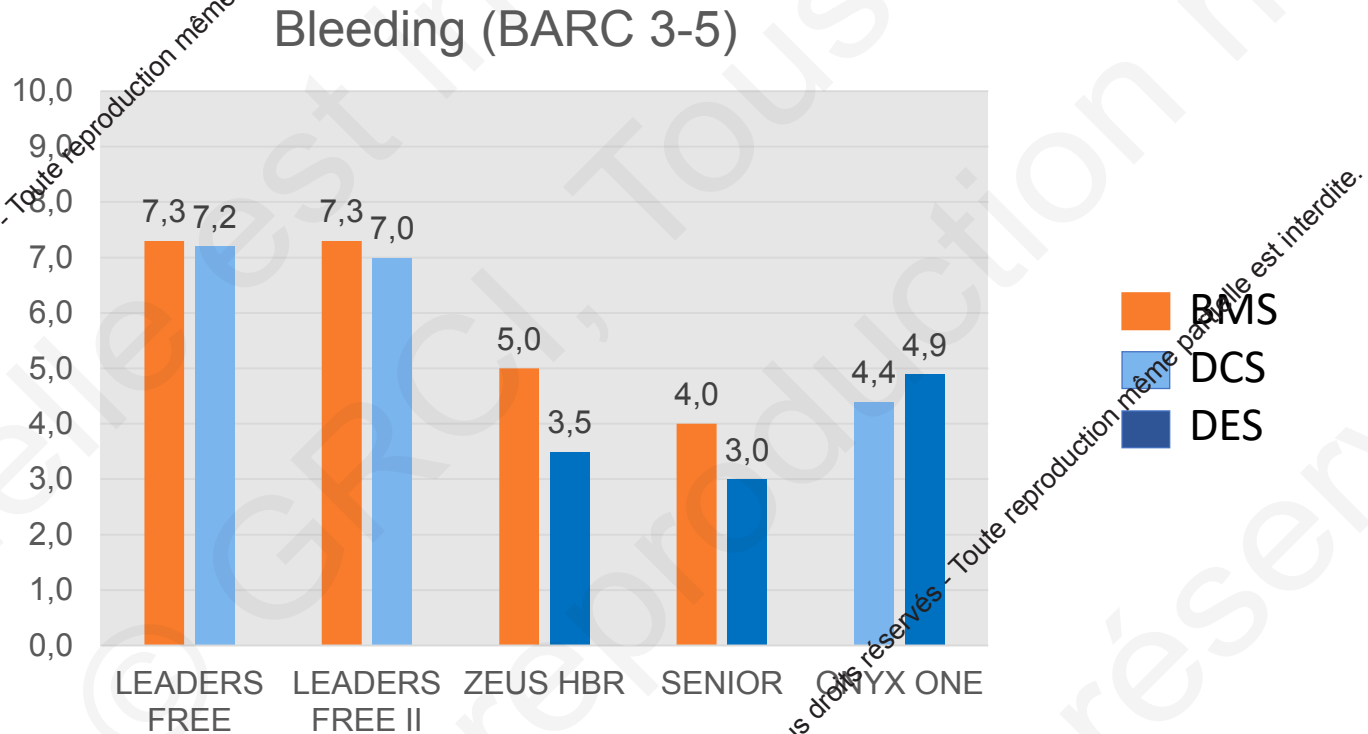
\* also includes ST

Urban P et al, N Engl J Med 2015;373:2038-47  
 Ariotti S et al, JACC interv 2016; 9: 426-36  
 Varenne O et al, Lancet 2017; 391: 41-50  
 Windecker S et al, N Engl J Med 2020; DOI: 10.1056/NEJMoa1910021  
 Krucoff M et al, Circ Cardiovasc Interv doi: 10.1161/CIRCINTERVENTIONS.119.008603





# LEADERS FREE I & II, ZEUS HBR, SENIOR & ONYX ONE



Urban P et al, N Engl J Med 2015;373:2038-47

Ariotti S et al, JACC interv 2016; 9: 426-36

Varenne O et al, Lancet 2017; 391: 41-50

Windecker S et al, N Engl J Med 2020; DOI: 10.1056/NEJMoa1910021

Krucoff M et al, Circ Cardiovasc Interv doi: 10.1161/CIRCINTERVENTIONS.119.008603



# DAPT ESC Guidelines – Last online update 2018

## Dual antiplatelet therapy duration in high bleeding risk patients with stable coronary artery disease treated with percutaneous coronary intervention



Recommendations	Class	Level
In patients with stable CAD considered at high bleeding risk (e.g. PRECISE-DAPT $\geq 25$ ), DAPT for 3 months should be considered <sup>1</sup> .	<b>IIa</b>	<b>B</b>
In patients with stable CAD in whom 3-month DAPT poses safety concerns, DAPT for 1 month may be considered <sup>2</sup> .	<b>IIb</b>	<b>C</b>

1: The evidence supporting this recommendation comes from two studies where zotarolimus-eluting Endeavour sprint stent has been investigated in conjunction with a 3-month DAPT regimen.

2: 1-month DAPT after implantation of zotarolimus-eluting Endeavour sprint stent or drug coated Biofreedom stent reduced risks of reintervention, myocardial infarction and inconsistently of stent thrombosis compared to bare-metal stent under similar DAPT duration. It is unclear if this evidence applies to other contemporary DES.

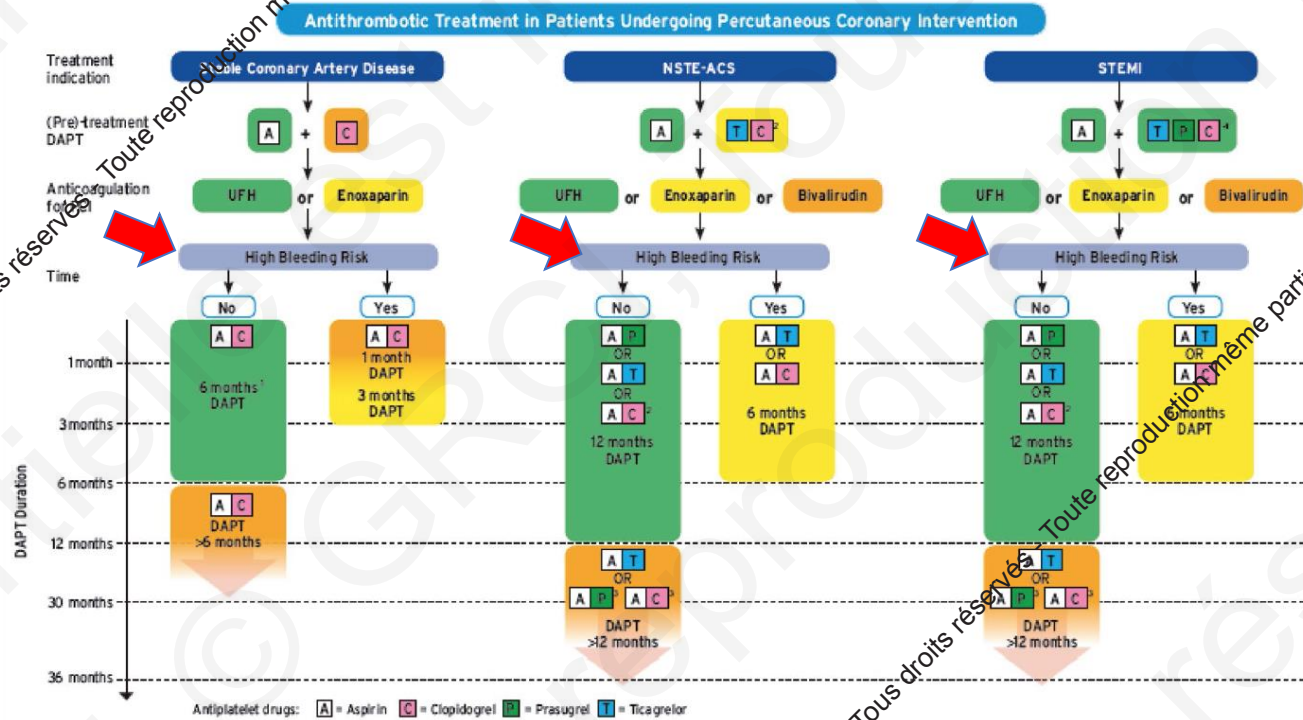
[www.escardio.org/guidelines](http://www.escardio.org/guidelines)

2017 ESC Focused Update on DAPT in Coronary Artery Disease, developed in collaboration with EACTS (European Heart Journal 2017 - doi:10.1093/eurheartj/ehx419)

6



# 2018 ESC/EACTS Guidelines on myocardial revascularization



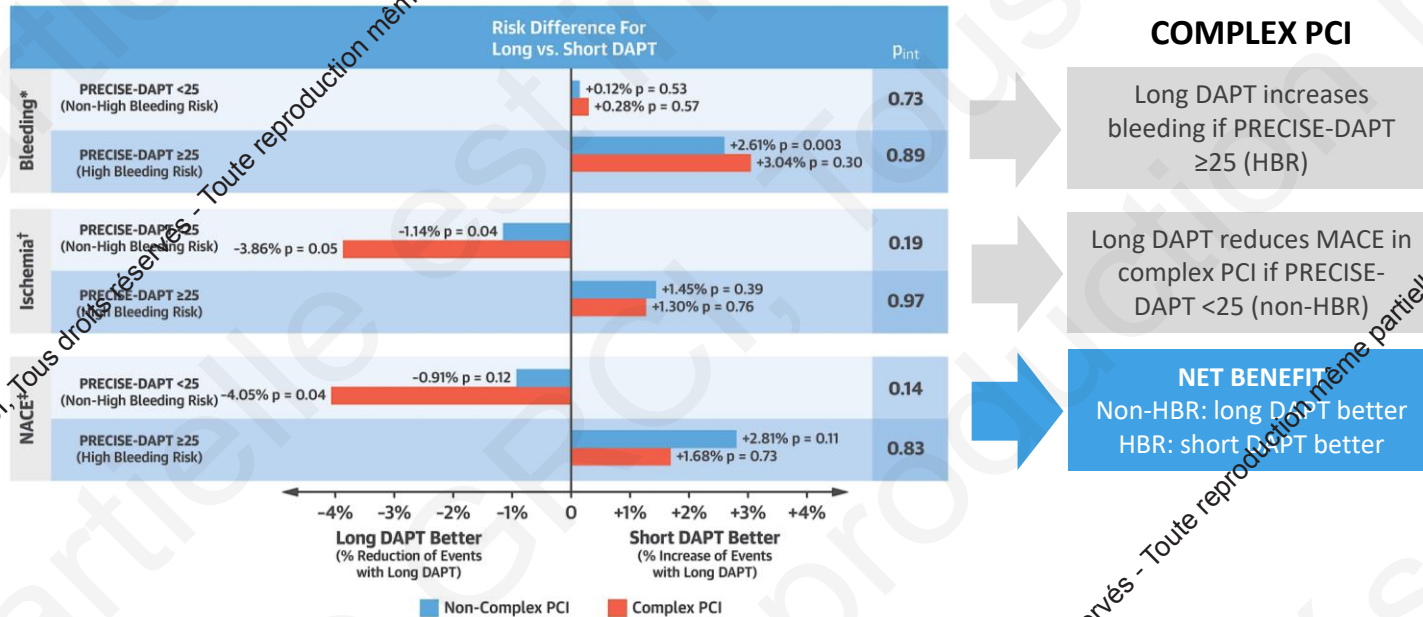
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IPL meta-analysis of 14,963 patients from 8 trials of DAPT duration

## DAPT, complexity and the PRECISE-DAPT score



### COMPLEX PCI

Long DAPT increases bleeding if PRECISE-DAPT ≥25 (HBR)

Long DAPT reduces MACE in complex PCI if PRECISE-DAPT <25 (non-HBR)

**NET BENEFIT**  
Non-HBR: long DAPT better  
HBR: short DAPT better

Complex PCI was defined as having at least 1 of the following features: 3 vessels treated, ≥3 stents implanted, ≥3 lesions treated, bifurcation with 2 stents implanted, total stent length >60 mm, or CTO

Short DAPT: 3 or 6 months; Long DAPT: 12 or 24 months



Can we do any better for PCI patients on DAPT?

## Strategies to reduce bleeding after PCI

Reducing  
DAPT  
intensity



De-escalation

TOPIC  
TROPICAL ACS#  
POPULAR GENETICS #



Shorten clopidogrel

RESET  
OPTIMIZE  
REDUCE ACS

ISAR TRIPLE\*

Shortening  
DAPT  
duration



Shorten aspirin

GLOBAL LEADERS  
GLASSY  
STOP-DAPT 2

SMART CHOICE  
TWILIGHT  
TICO



No aspirin

WOEST\*  
PIONEER-AF PCI\*  
RE-DUAL PCI\*

AUGUSTUS\*  
ENTRUST-AF PCI\*

# Guided by PFT or genetic testing  
\* Includes patients on OAC undergoing PCI



# DAPT modulation escalation or de-escalation

## Individualized treatment regimen

JACC: CARDIOVASCULAR INTERVENTIONS  
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PUBLISHED BY ELSEVIER

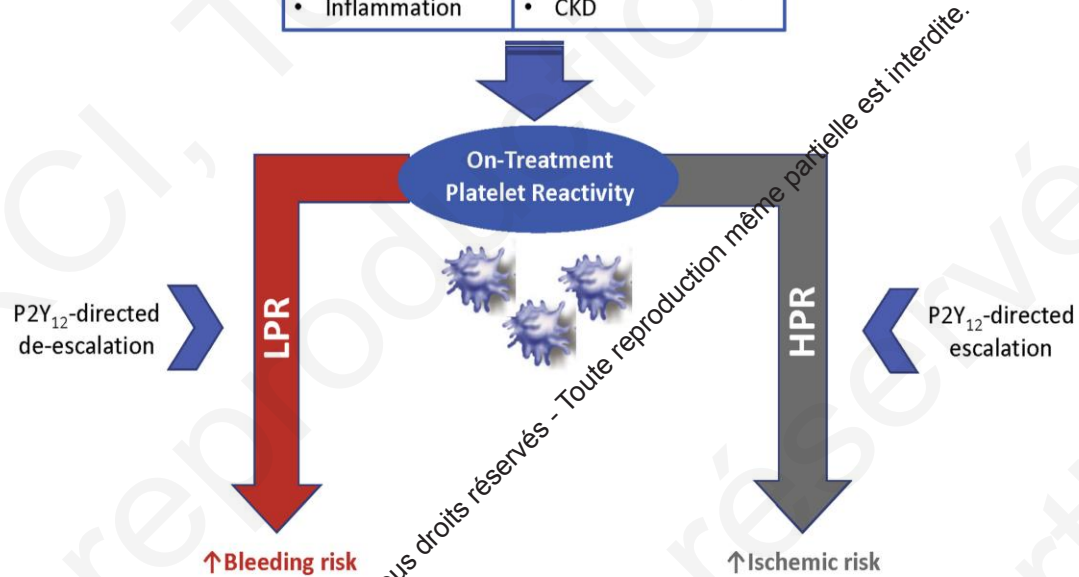
VOL. 12, NO. 16, 2019

STATE-OF-THE-ART REVIEW

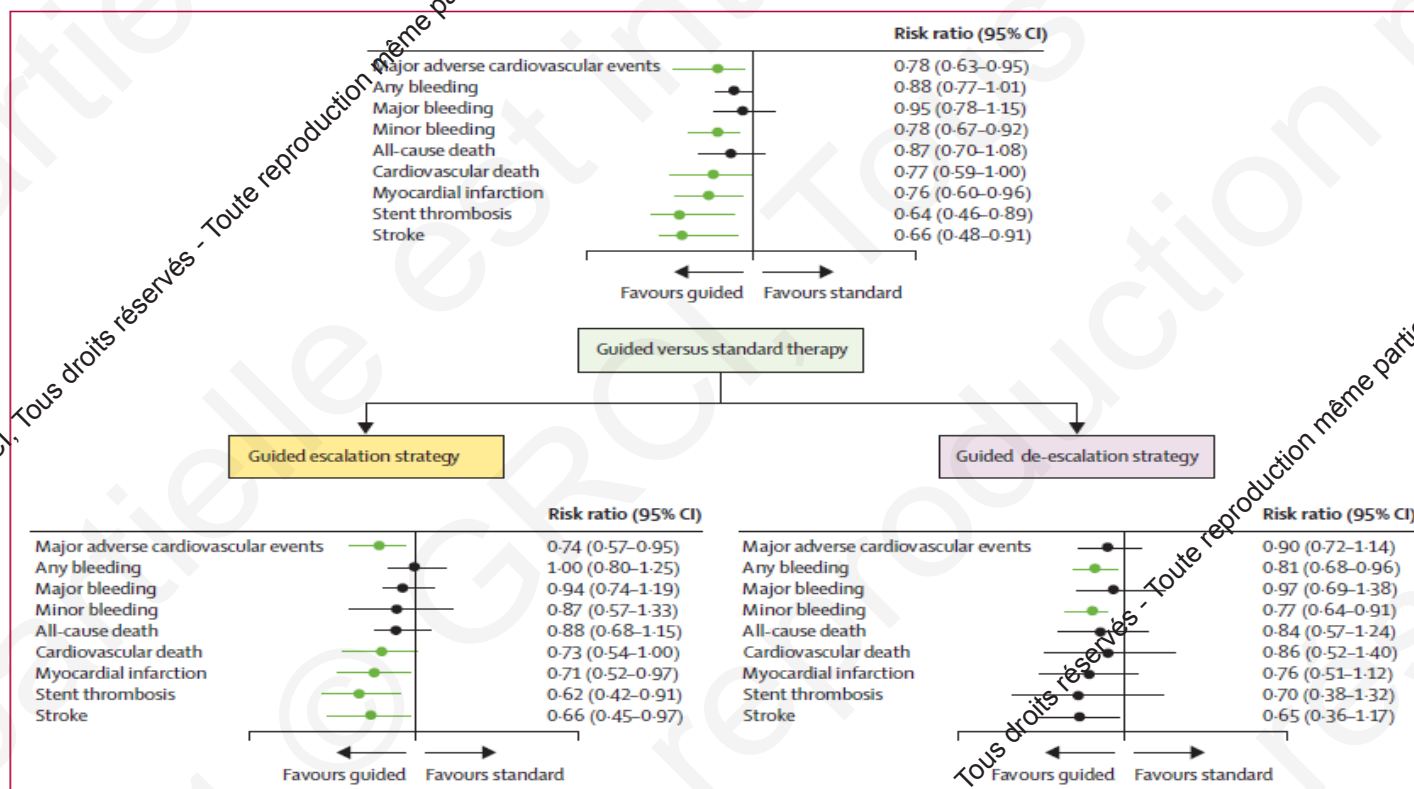
### Updated Expert Consensus Statement on Platelet Function and Genetic Testing for Guiding P2Y<sub>12</sub> Receptor Inhibitor Treatment in Percutaneous Coronary Intervention

Dirk Sibbing, MD, MHBA,<sup>a,b,\*</sup> Daniel Aradi, MD, PhD,<sup>c,\*</sup> Dimitrios Alexopoulos, MD,<sup>d</sup> Jurrien ten Berg, MD,<sup>e</sup> Deepak L. Bhatt, MD, MPH,<sup>f</sup> Laurent Bonello, MD,<sup>g</sup> Jean-Philippe Collet, MD,<sup>h</sup> Thomas Cuisset, MD,<sup>i</sup> Francesco Franchi, MD,<sup>j</sup> Lisa Gross, MD,<sup>k,l</sup> Paul Gurbel, MD,<sup>k</sup> Young-Hoon Jeong, MD,<sup>j</sup> Roxana Mehran, MD,<sup>m,n</sup> David J. Moliterno, MD,<sup>o</sup> Franz-Josef Neumann, MD,<sup>p</sup> Naveen L. Pereira, MD,<sup>q</sup> Matthew J. Price, MD,<sup>r</sup> Marc S. Sabatine, MD, MPH,<sup>s</sup> Derek Y.F. So, MD,<sup>t</sup> Gregg W. Stone, MD,<sup>u,v</sup> Robert F. Storey, MD,<sup>w</sup> Udaya Tantry, MD,<sup>x</sup> Dietmar Trenk, PhD,<sup>y</sup> Marco Valgimigli, MD,<sup>y</sup> Ron Waksman, MD,<sup>z</sup> Dominick J. Angiolillo, MD, PhD<sup>†</sup>

Modifiable factors:	Non-modifiable factors:
• Diabetes	• Genetics (CYP2C19 SNPs)
• Smoking	• Age
• High BMI	• Sex
• Drug interactions	• CKD
• Inflammation	



# Guided (Platelet Function/Genetic Testing) vs Standard APT in Pts Undergoing PCI: A Systematic Review and Meta-analysis (n=20743)



# Choice of DAPT – Short DAPT – DAPT modulation

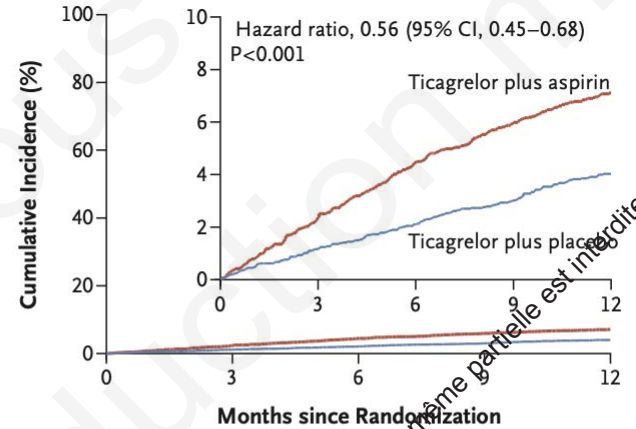
The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

## Ticagrelor with or without Aspirin in High-Risk Patients after PCI

R. Mehran, U. Baber, S.K. Sharma, D.J. Cohen, D.J. Angiolillo, C. Briguori, J.Y. Cha, T. Collier, G. Dangas, D. Dudek, V. Džavík, J. Escaned, R. Gil, P. Gurbel, C.W. Hamm, T. Henry, A. Huber, A. Kastrati, U. Kaul, R. Kornowski, M. Krucoff, V. Kunadian, S.O. Marx, S.R. Mehta, D. Moliterno, E.M. Ohman, K. Oldroyd, G. Sardella, S. Sartori, R. Shlofmitz, P.G. Steg, G. Weisz, B. Witzensbichler, Y. Han, S. Pocock, and C.M. Gibson

3Mo DAPT Ticagrelor + aspirin  
 7,119 Randomization after 3Mo  
 Randomization Aspirin or placebo (+ Ticagrelor for all)  
*Asymptomatic+stable angina: 2,503Pts (35%)*  
*Unstable angina+NSTEMI: 4,616Pts (65%)*  
 Sponsor AstraZeneca



### No. at Risk

Ticagrelor plus aspirin	3564	3454	3333	3277	3213
Ticagrelor plus placebo	3555	3474	3424	3366	3321

**Figure 2. Kaplan–Meier Estimates of the Incidence of BARC Type 2, 3, or 5 Bleeding 1 Year after Randomization (Intention-to-Treat Population).**

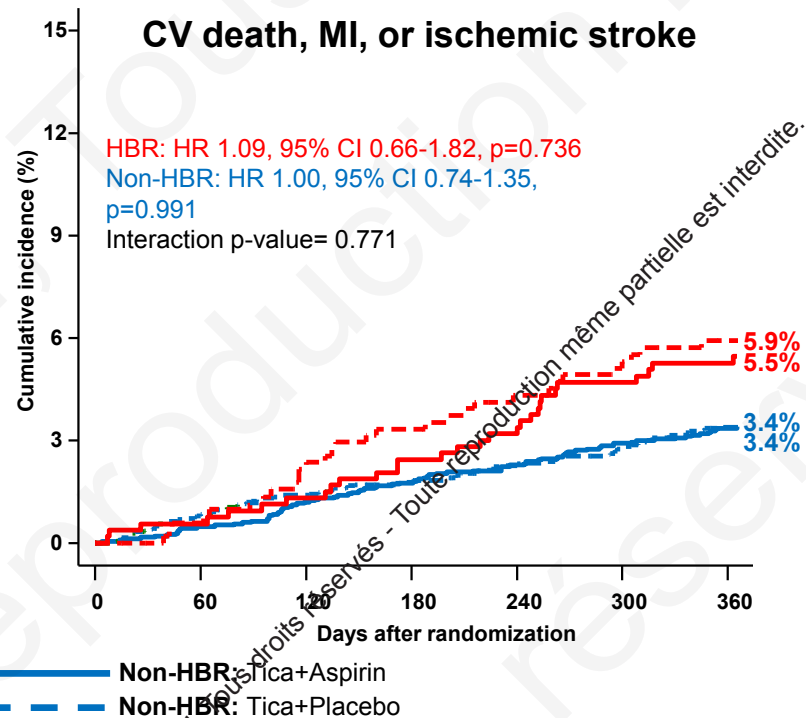
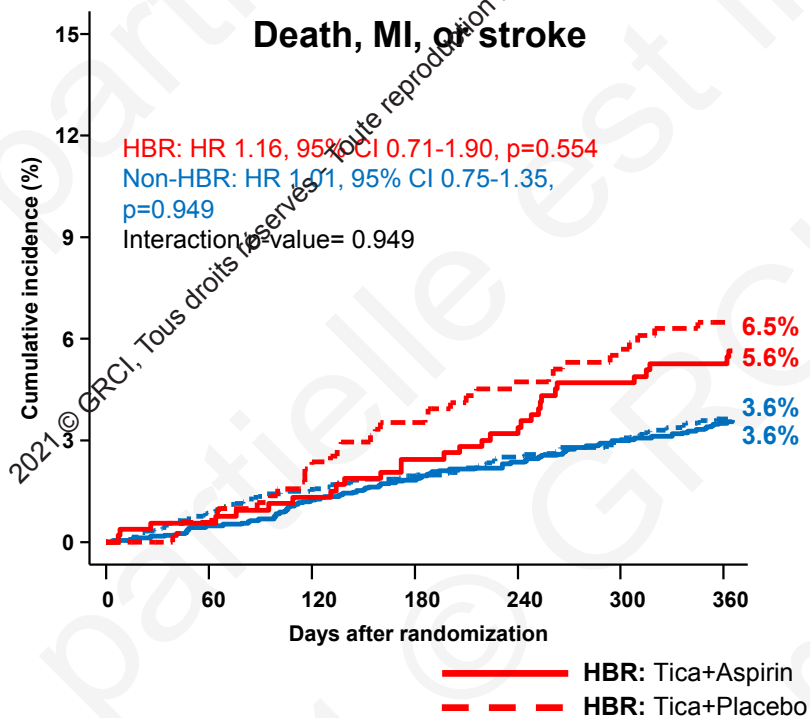
The hazard ratio shown is for ticagrelor plus placebo versus ticagrelor plus aspirin. Bleeding Academic Research Consortium (BARC) types range from 0 (no bleeding) to 5 (fatal bleeding). The inset shows the same data on an expanded y axis. CI denotes confidence interval.





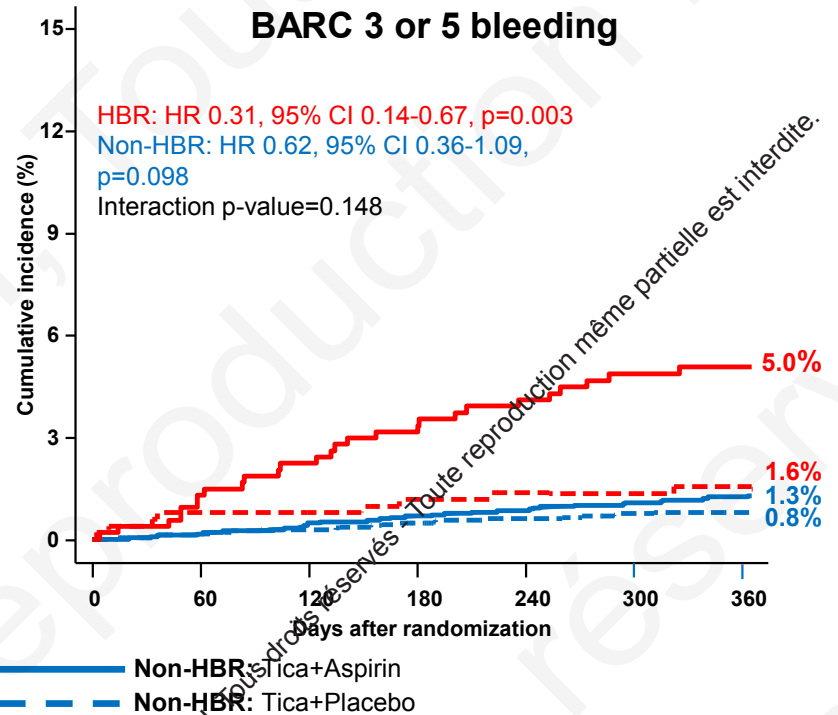
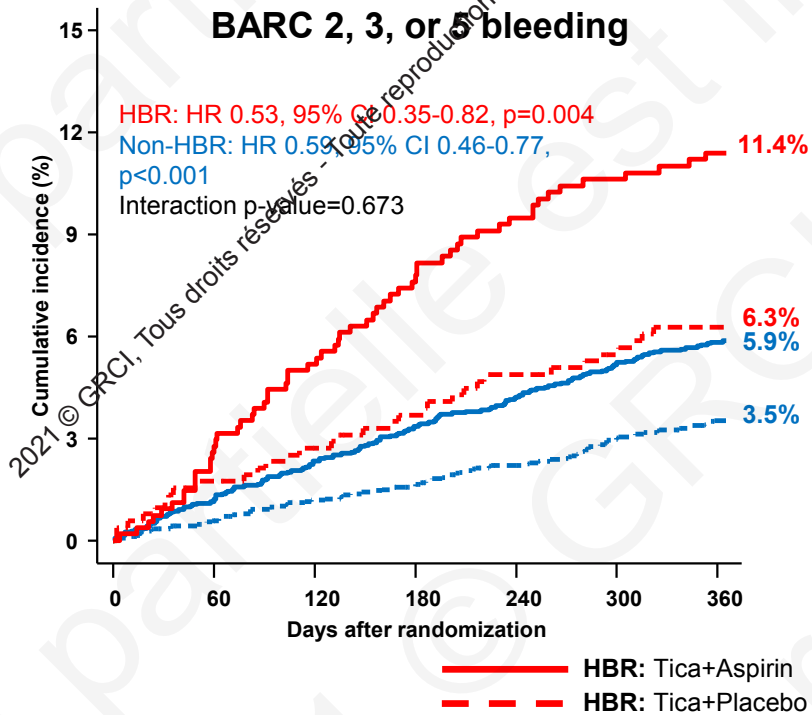
# TWILIGHT-HBR: Ischemic events

## By HBR status & treatment arm



# TWILIGHT-HBR: Bleeding

## By HBR status & treatment arm



# Don't be afraid of HBR patients





## But be afraid if you don't consider bleeding risk!

- Identify HBR patients (ARC-HBR App)
- Consider non invasive testing as a stratification tool
- Respect appropriate criteria for revascularization
- Avoid routine pre-treatment with ATP agents
- Radial access to reduce vascular complications
- Appropriate stent selection
- Optimal PCI result (Intravascular imaging?)
- DAPT: short – choice – modulation



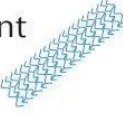



# Bleeding avoidance strategies in PCI



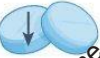

## Before the procedure

- Bleeding risk stratification 
- Non-invasive testing if applicable 
- Appropriateness criteria for revascularization 
- Avoid routine pretreatment with antiplatelet therapy 

## During the procedure

- Radial access 
- Optimal anticoagulation 
- Appropriate stent selection 
- Intravascular imaging-guided stent optimization 

## After the procedure

- Choice of DAPT 
- Short duration of DAPT 
- Modulation of DAPT 
- Proton-pump inhibitors 

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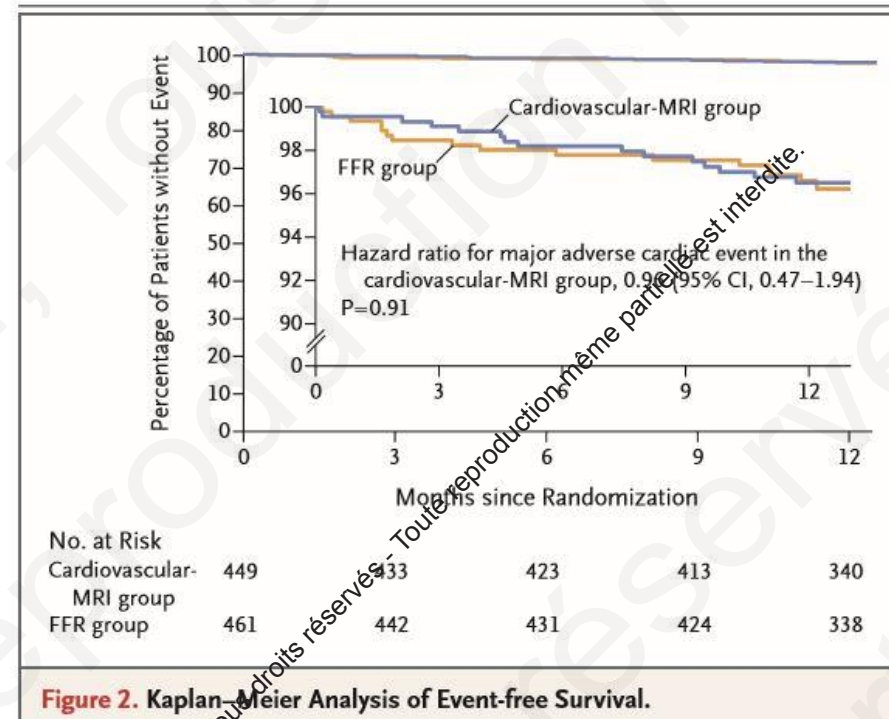
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## MR INFORM

First-line Stress CMR vs. coronary angio-FFR  
Randomised study 918 CCS Pts  
1 year FU

- Less revasc: 36 vs 45%
- Less angio: 48 vs 97%
- Similar MACE rates 3.6 vs 3.7%
- Similar angina @1 year



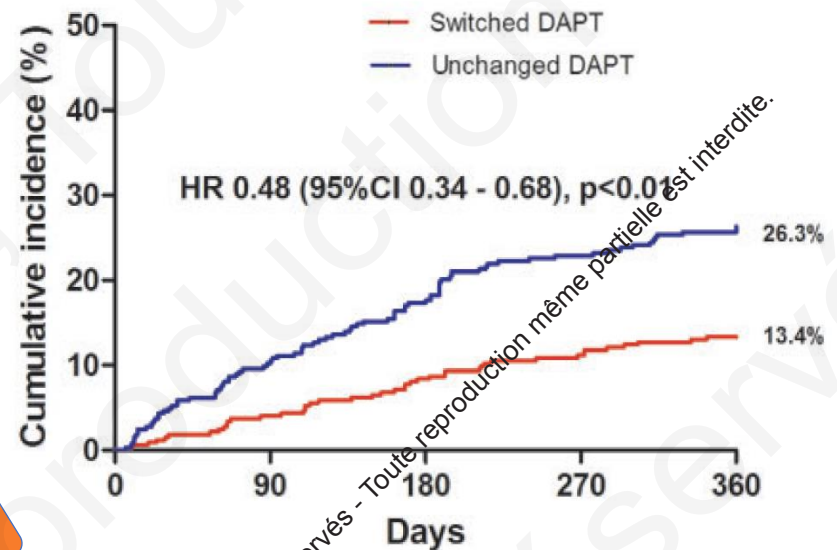
Nagel E, et al. *N Eng J Med* 2019;380:2418-28.



## De-escalation: the TOPIC trial

- 645 ACS patients with PCI
- At 30 days, randomly assigned to continue ticagrelor or prasugrel + ASA vs. switch to clopidogrel + ASA
- Primary EP: composite of cardiovascular death, urgent revascularization, stroke and BARC  $\geq 2$  bleeding
- 1 year FU

Not HBR patients



No significant differences were reported on ischaemic endpoints, while BARC  $\geq 2$  bleeding occurred in 13 (4.0%) patients in the switched DAPT and in 48 (14.9%) in the unchanged DAPT group (HR 95%CI 0.30 (0.18–0.50),  $P < 0.01$ ).

Cuisset T et al, EHJ 2017; 38: 3076-3078



# Decrease bleeding risk and DAPT duration

## How to proceed?

### Decrease bleeding risk in HBR Patients - *preventive strategy*

- Individualized antiplatelet treatment regimen
- Short DAPT (1Mo-3Mo)
- DAPT de-escalation - SAPT (P2Y12)
- Early de-escalated DAPT in anticoagulated patients

### After bleeding: *prevention of recurrence*

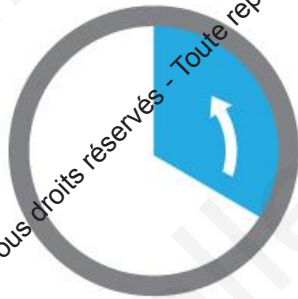
- DAPT shortening, DAPT de-escalation
- SAPT (P2Y12)
- De-escalated DAPT in anticoagulated patients





# Tailoring pharmacotherapy for HBR patients

Strategies to reduce the risk of bleeding after PCI



## Shortening DAPT

11 TRIALS OF SHORT VS. STANDARD DAPT



## De-escalation

TOPIC  
TROPICAL ACS

Not HBR patients



## Aspirin withdrawal

GLOBAL LEADERS  
SMART-CHOICE  
STOPDAPT-2  
TWILIGHT

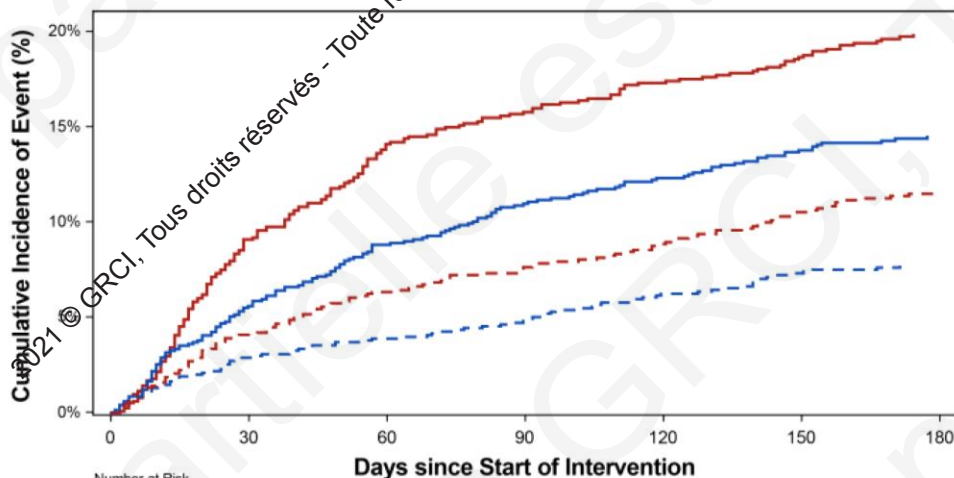
AF + PCI  
WOEST  
PIONEER- AF-PCI  
RE-DUAL PCI  
AUGUSTUS  
ENTRUST

Modified from D. Angiolillo



# AUGUSTUS trial

Major/clinically relevant bleeding (ISTH)



	Number at Risk							
	0	30	60	90	120	150	180	
Apixaban and Aspirin	1145	1036	975	937	903	880	485	
Apixaban and Placebo	1143	1075	1044	1007	975	947	536	
VKA and Aspirin	1123	962	881	838	800	776	467	
VKA and Placebo	1126	1007	947	917	883	851	528	

- 4614 AF patients with ACS and/or recent PCI
- 2x2 factorial design
  - Apixaban vs VKA & ASA vs placebo
  - **96% on clopidogrel**
- Primary EP: major/clinically relevant bleeding
- 6 months FU

VKA + Aspirin (18.7%)

Apixaban + Aspirin (13.8%)

VKA + Placebo (10.9%)

Apixaban + Placebo (7.3%)

ORIGINAL ARTICLE

### Antithrombotic Therapy after Acute Coronary Syndrome or PCI in Atrial Fibrillation

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ABSTRACT

**BACKGROUND:** Antithrombotic regimens for patients with atrial fibrillation who have an acute coronary syndrome or have undergone percutaneous coronary intervention (PCI) are unclear.

**DESIGN:** An international trial with a two-by-two factorial design, we randomly assigned patients with atrial fibrillation who had an acute coronary syndrome or had undergone PCI and were planning to take a P2Y<sub>12</sub> inhibitor to receive apixaban or a vitamin K antagonist and to receive aspirin or matching placebo for 6 months. The primary outcome was major or clinically relevant nonmajor bleeding. Secondary outcomes included death or hospitalization and a composite of ischemic events.

**RESULTS:** Enrollment included 4614 patients from 35 countries. There were no significant interactions between the two randomization factors on the primary or secondary outcomes. Major or clinically relevant nonmajor bleeding was noted in 18.7% of the patients receiving apixaban, as compared with 14.7% of those receiving a vitamin K antagonist (hazard ratio, 1.66; 95% confidence interval [CI], 1.50 to 1.81; P<0.001) for both noninferiority and superiority), and in 16.7% of the patients receiving aspirin, as compared with 10.9% of those receiving placebo (hazard ratio, 1.89; 95% CI, 1.59 to 2.24; P<0.001). Patients in the apixaban group had a lower incidence of death or hospitalization than those in the vitamin K antagonist group (23.5% vs. 27.4%; hazard ratio, 0.83; 95% CI, 0.76 to 0.90; P=0.002) and a similar incidence of ischemic events. Patients in the aspirin group had an incidence of death or hospitalization and of ischemic events that was similar to that in the placebo group.

**CONCLUSIONS:** In patients with atrial fibrillation and a recent acute coronary syndrome or PCI treated with a P2Y<sub>12</sub> inhibitor, an antithrombotic regimen that included apixaban, without aspirin, resulted in less bleeding and fewer hospitalizations without significant differences in the incidence of ischemic events than regimens that included a vitamin K antagonist, aspirin, or both. (Funded by Bristol-Myers Squibb and Pfizer; AUGUSTUS ClinicalTrials.gov number, NCT02415490.)

The authors' affiliations are listed in the Appendix. Address reprint requests to Dr. Lopes at the Duke Clinical Research Institute, 285 Morris St, Durham, NC 27705, or [rdlopes@duke.edu](mailto:rdlopes@duke.edu).

\*A complete list of the investigators in the AUGUSTUS trial is provided in the Supplementary Appendix, available at [www.nejm.org](http://www.nejm.org).

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Lopes RD et al. NEJM 2019



# Stents for HBR patients: what we know today

1 month DAPT

BioFreedom (BA9-DCS)  
Endeavor (ZES)



Significantly better than BMS for both safety (cardiac death or MI) and for efficacy (TLR)

1 or 6 months DAPT

Synergy (EES)



Significantly better than BMS for MACE\*

\*composite of all-cause mortality, MI, stroke, or TLR

1 month DAPT

Onyx (ZES)



Non-inferior to BioFreedom DCS

BMS should no longer be used except for economic reasons



# Recent ESC Guidelines for LAAC

2016

## Recommendations for occlusion or exclusion of the left atrial appendage

2012

### Recommendations for LAA closure/occlusion

Recommendations	Class <sup>a</sup>	Level <sup>b</sup>
Interventional, percutaneous LAA closure may be considered in patients with a high stroke risk and contra-indications for long-term oral anticoagulation.	IIb	B
Surgical excision of the LAA may be considered in patients undergoing open heart surgery.	IIb	C

LAA = left atrial appendage.

<sup>a</sup>Class of recommendation.

<sup>b</sup>Level of evidence.

<sup>c</sup>References.

Recommendations	Class <sup>a</sup>	Level <sup>b</sup>	Ref <sup>c</sup>
After surgical occlusion or exclusion of the LAA, it is recommended to continue anticoagulation in at-risk patients with AF for stroke prevention.	I	B	461, 462
LAA occlusion may be considered for stroke prevention in patients with AF and contra-indications for long-term anticoagulant treatment (e.g. those with a previous life-threatening bleed without a reversible cause).	IIb	B	449, 453, 454
Surgical occlusion or exclusion of the LAA may be considered for stroke prevention in patients with AF undergoing cardiac surgery.	IIIb	B	463
Surgical occlusion or exclusion of the LAA may be considered for stroke prevention in patients undergoing thoracoscopic AF surgery.	IIb	B	468



# Study Endpoints

The study has 3 primary endpoints to be tested in an hierarchical order:

**Net adverse clinical events (NACE): the composite of all-cause death, MI, stroke, and major bleeding defined as BARC type 3 or 5**

**Major adverse cardiac and cerebral events (MACCE): the composite of all-cause death, MI, and stroke**

**Major or clinically relevant non-major bleeding (MCB): the composite of BARC type 2, 3 and 5 bleeding**

The first two primary endpoints were to be tested on a non-inferiority basis in the per protocol population. If non-inferiority was met for both, the third primary endpoint was to be tested on superiority basis in the Intention to treat population. The main analyses evaluate the occurrence of the primary endpoints between randomization and 335 after index PCI



# Procedural Characteristics



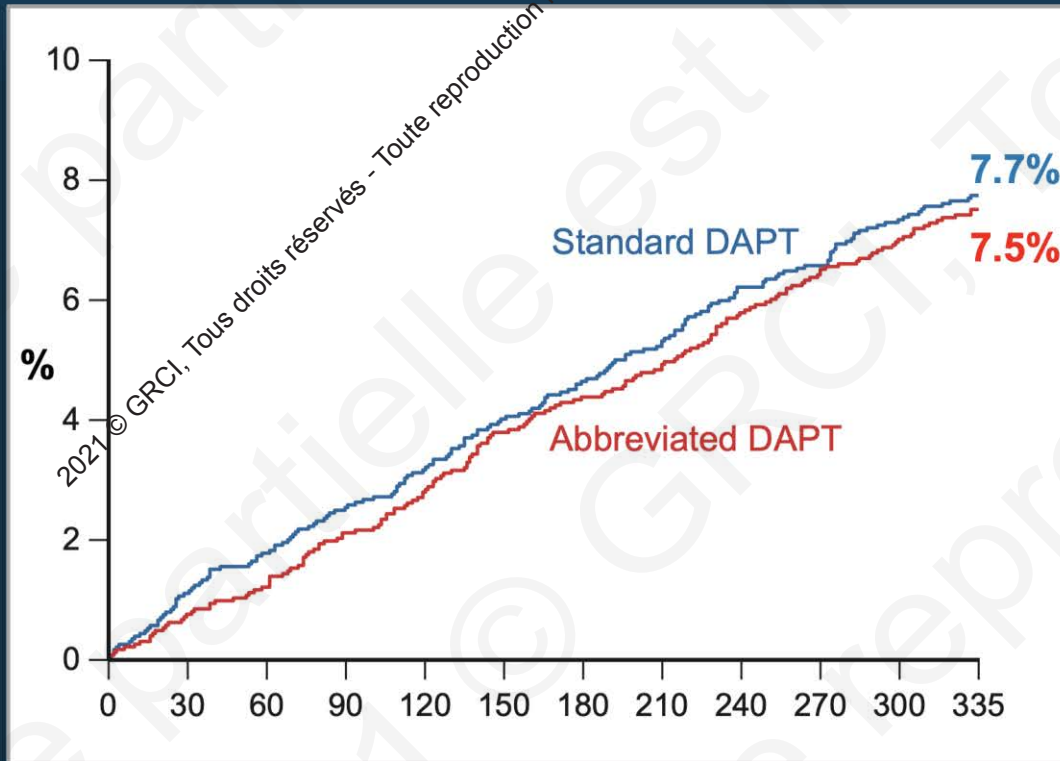
Biodegradable polymer sirolimus-eluting stents were used in 99.8% of the treated lesions in both study groups

	<b>Abbreviated DAPT (N=2295)</b>	<b>Standard DAPT (N=2284)</b>
<b>Arterial access site</b>		
Femoral	360 (15.7)	293 (12.8)
Radial	1930 (84.1)	1984 (86.9)
<b>Multivessel Intervention — no. (%)</b>	579 (25.2)	635 (27.8)
<b>Treated vessel(s) — no. (%)</b>		
Left main	126 (5.5)	134 (5.9)
Left anterior descending artery	1240 (54.0)	1271 (55.6)
Left circumflex artery	652 (28.4)	689 (30.2)
Right coronary artery	854 (37.2)	896 (35.3)
Bypass graft	38 (1.7)	38 (1.7)
<b>≥ one complex lesion B2 or C — no. (%)</b>	1562 (68.1)	1579 (69.1)
<b>Number of stents per patient</b>	1.74±1.13	1.76±1.11
<b>Total stent length per patient</b>	39.3±29.2	39.7±28.4
<b>Overlapping stenting — no. (%)</b>	488 (21.3)	450 (19.7)
<b>Bifurcation/trifurcation stenting — no. (%)</b>	83 (3.6)	101 (4.4)



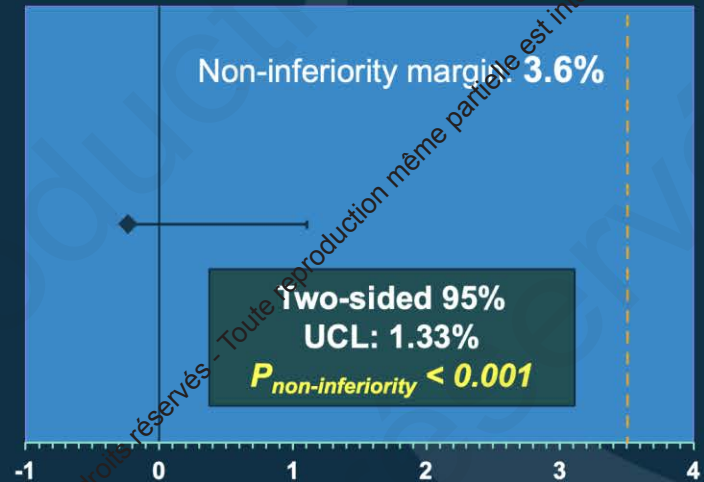
# Net adverse clinical events (NACE)

Per protocol population



## Non-inferiority Analysis

Difference in cumulative incidence, -0.23



NACE: All-cause death, MI, stroke, and major bleeding events defined as BARC 3 or 5

